

# Population Health Predictive Analytics and the Real World

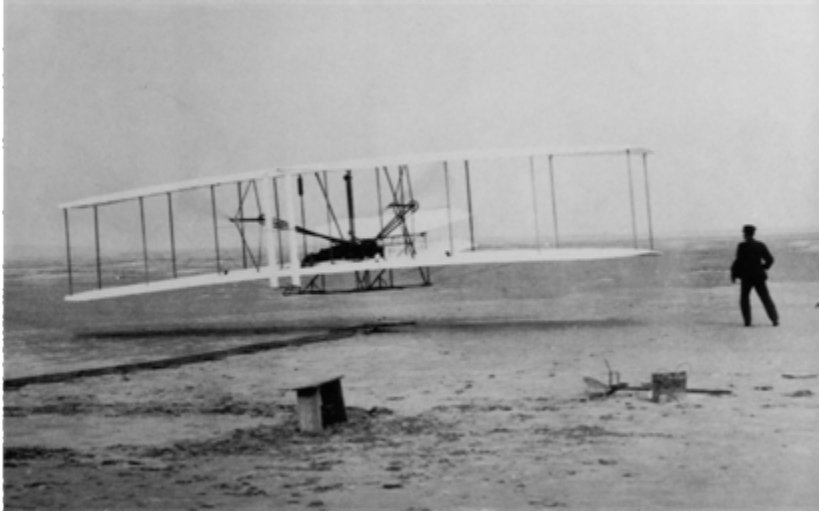
---

**Kavita K. Patel MD, MS**

Fellow and Managing Director, Engelberg Center for Health Care Reform  
Economic Studies  
Brookings Institution

Primary Care Physician, Johns Hopkins Medicine

# PUBLIC EXCHANGE LAUNCH



Think Wright Brothers....



Not Indianapolis 500

# HOW TO PICK A HEALTH PLAN ON AN EXCHANGE

- Step 1. Decide on the diseases you and your family are going to have in the coming year
- Step 2. Find the best doctors and hospitals for those diseases
- Step 3. Identify which plans offer those doctors and hospitals
- Step 4. Select the cheapest plan
- Step 5. If there are no affordable plans with all the doctors and hospitals you want, go back to Step 1 and pick some new diseases

# HEALTHCARE.GOV

- Congratulations, you made it through those annoying security questions. Sorry about the delays, we got hacked by the Koch Brothers.... what can you do?
- Good news is we rummaged around in your IRS records and some stuff we got from that Snowden guy and found out you make \$12 an hour. We know you lie about your tips, but we all do, right?
- If you ever get a raise you will be eligible for Health Insurance through the exchange which will allow you to buy a very high-deductible health plan with a limited network for FREE!!!!
- Meantime, the news gets better, you are probably eligible for Medicaid, that will provide totally free access to a very limited network of providers (maybe the ones you see now because you are uninsured).
- Q: So what state do you live in?
- A: Louisiana
- **Good luck with that. Come back when you get a raise.**



# WHAT HAPPENS WHEN THE LANDSCAPE CHANGES?



# Understanding your Community vs. your Census: Atlanta GA

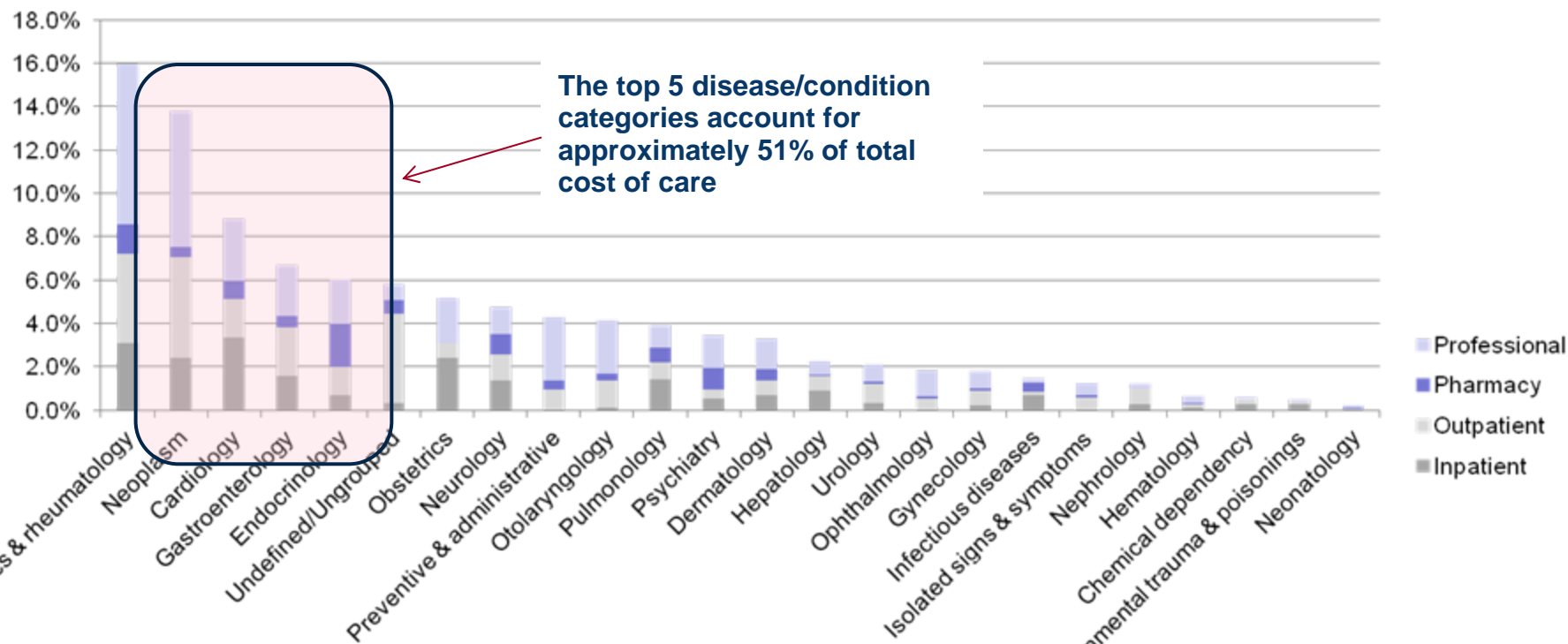
Health Status							
Average Life Expectancy		Obesity		Smoking		Diabetes	
Atlanta, GA	<b>75.5</b>	Atlanta, GA	<b>22.0%</b>	Atlanta, GA	<b>20.0%</b>	Atlanta, GA	<b>6.4%</b>
National Avg	<b>76.6</b>	National Avg	<b>23.2%</b>	National Avg	<b>22.0%</b>	National Avg	<b>7.3%</b>
1 Std Dev Range	<b>75 – 78.3</b>	1 Std Dev Range	<b>20.2 – 26.1%</b>	1 Std Dev Range	<b>18.4 – 25.7%</b>	1 Std Dev Range	<b>5.9 – 8.7%</b>
National Max	<b>80.3</b>	National Max	<b>31.4%</b>	National Max	<b>31.9%</b>	National Max	<b>10.9%</b>
National Min	<b>71.2</b>	National Min	<b>15.3%</b>	National Min	<b>7.2%</b>	National Min	<b>3.5%</b>
Ranking (out of 306)	<b>75</b>	Ranking (out of 306)	<b>204</b>	Ranking (out of 306)	<b>224</b>	Ranking (out of 306)	<b>230</b>

Triple Aim Status							
Maximum composite ranking is 9, minimum ranking is 1. A higher composite ranking represents more opportunity for improvement							
Quality			Cost			Satisfaction	
	Composite Ranking	Most Unfavorable Measure		Composite Ranking	Most Unfavorable Measure	Composite Ranking	Most Unfavorable Measure
Atlanta, GA	<b>2.6</b>	Knee Replacements per 1k Medicare Enrollees <b>7.0</b>	Atlanta, GA	<b>3.7</b>	Mammography Screening <b>61%</b>	Atlanta, GA	<b>3.0</b> Average Life Expectancy <b>75.5</b>
National Avg	<b>3.7</b>	<b>8.8</b>	National Avg	<b>3.6</b>	<b>63%</b>	National Avg	<b>3.6</b> <b>76.6</b>
1 Std Dev Range	<b>2.6 – 4.8</b>	<b>6.9 - 10.7</b>	1 Std Dev Range	<b>2.4 - 4.7</b>	<b>57.5% – 68.8%</b>	1 Std Dev Range	<b>2.0 - 5.3</b> <b>75 - 78.3</b>
National Max	<b>7.2</b>	<b>14.6</b>	National Max	<b>7.3</b>	<b>76%</b>	National Max	<b>8.7</b> <b>80.3</b>
National Min	<b>1.6</b>	<b>3.5</b>	National Min	<b>1.6</b>	<b>49%</b>	National Min	<b>1.2</b> <b>71.2</b>
Ranking (out of 306)	<b>247</b>	<b>253</b>	Ranking (out of 306)	<b>101</b>	<b>111</b>	Ranking (out of 306)	<b>122</b> <b>75</b>

# Demographics and Population Cost Distribution by Major Practice Category

## Cost & Utilization Distribution By Claim Type

Commercial Population  
October 1, 2009 - September 30, 2010



Major Practice Categories (MPCs) are based on the diagnosis on claims data. They do not represent specific provider specialties. For example, claims submitted by family practice providers for treating diabetes cases would be placed in the Endocrinology MPC.

# Community Snapshot: Atlanta, GA

## Total Population Demographics

Total Population	5.8M
Uninsured Estimate*	1.2M
Medicare Advantage Members	26k
Medicare FFS Member Estimate*	446k
Medicaid Member Estimate*	833k
# of Fortune 1000 Employers	27

## Physician Demographics Atlanta, GA Nat Avg

PCPs in groups of 5 or smaller: 69% (avg is 55%)

## Largest IDNs

### System 1 (22%)

# of Hospitals	Gross Patient Revenue	Est 2013 Medicare Penalty
20	\$7.04M	\$0

### System 2 (12%)

# of Hospitals	Gross Patient Revenue	Est 2013 Medicare Penalty
5	\$3.7M	\$0.5M

## Largest Hospitals

### Hospital A (6%)

Gross Patient Revenue	Est 2013 Medicare Penalty
\$1.9M	\$0

### Hospital B (6%)

Gross Patient Revenue	Est 2013 Medicare Penalty
\$1.8M	\$0

## Readmission Rate

Heart Failure		Pneumonia		AMI	
Atlanta, GA	19.3%	Atlanta, GA	14.3%	Atlanta, GA	10.5%
National Avg	18.6%	National Avg	14.3%	National Avg	9.8%
1 Std Dev Range	14.4 – 22.7%	1 Std Dev Range	11.2 – 17.3%	1 Std Dev Range	5.4 – 14.2%
National Max	27.3%	National Max	20.3%	National Max	21.3%
National Min	6.9%	National Min	5.2%	National Min	1.7%
Ranking (out of 306)	135	Ranking (out of 306)	161	Ranking (out of 306)	120

\* Estimate likely to be slightly high. Took county estimates, allocated to zip codes, and then rolled up into the specific Hospital Referral Region.



# Important Data: Medical Variability, Cost Variability and Health Status

## Medical Variability

- Knee replacement per 1K Medicare enrollees (2005)<sup>1</sup>
- Hip replacement per 1K Medicare enrollees (2005)<sup>1</sup>
- Back Surgery per 1K Medicare Enrollees (2005)<sup>1</sup>
- Diabetes Discharges per 1K Medicare Enrollees (2005)<sup>1</sup>
- COPD Discharges per 1K Medicare enrollees (2005)<sup>1</sup>
- UHn physician quality score (compared to 1.0 national average)<sup>1</sup>

## Cost Variability

- Acute care hospital beds per 1K residents<sup>1</sup>
- Total specialists per 100K residents<sup>1</sup>
- Medicare spending per decedent by site of care during the last two years of life<sup>1</sup>
- Medicare hospital days per decedent during the last two years of life<sup>1</sup>
- Medicare physician visits per decedent during the last two years of life<sup>1</sup>
- Back pain cost per incident<sup>2</sup>
- Cardiac cath cost per incident<sup>2</sup>
- Hypertension cost per incident<sup>2</sup>
- Diabetes screening % HbA1c<sup>3</sup>
- Mammography screening<sup>3</sup>
- Medicare readmission data<sup>5</sup>

## Health Status

- Average life expectancy<sup>4</sup>
- Obesity percent<sup>4</sup>
- Smoking percent<sup>4</sup>
- Diabetes percent<sup>4</sup>
- Poor physical health days per month<sup>3</sup>
- Poor mental health days per month<sup>3</sup>
- Low birth rate (<2,500 grams)<sup>3</sup>
- Sexually transmitted diseases per 100k residents<sup>3</sup>

1: Information provided by Dartmouth Atlas

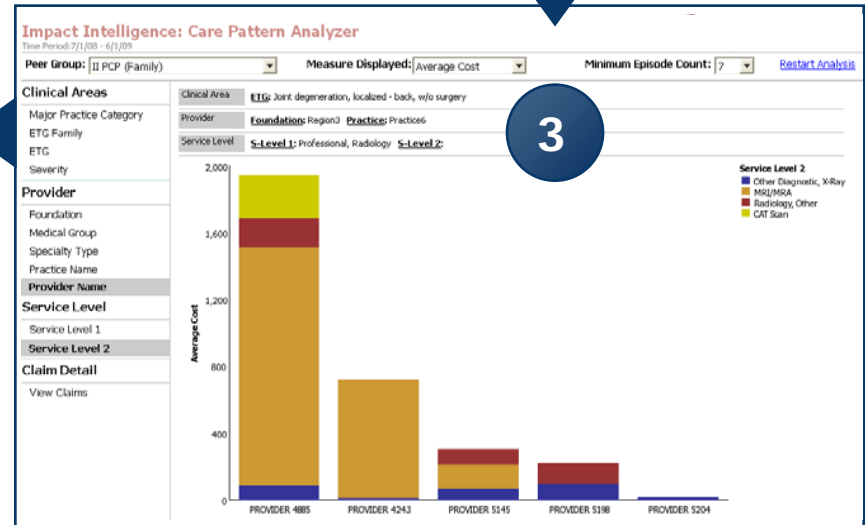
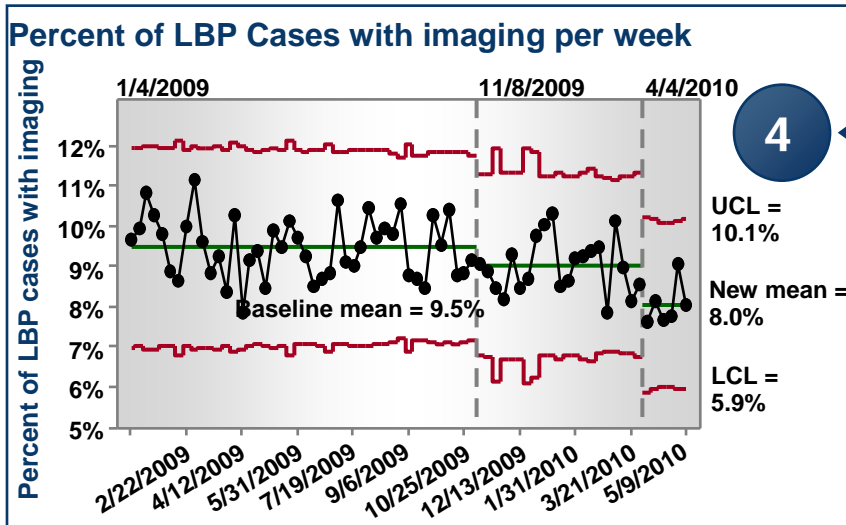
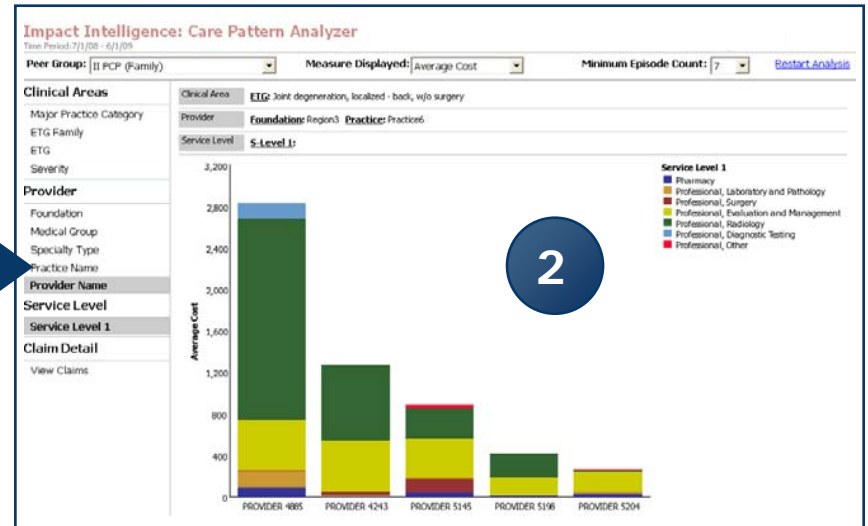
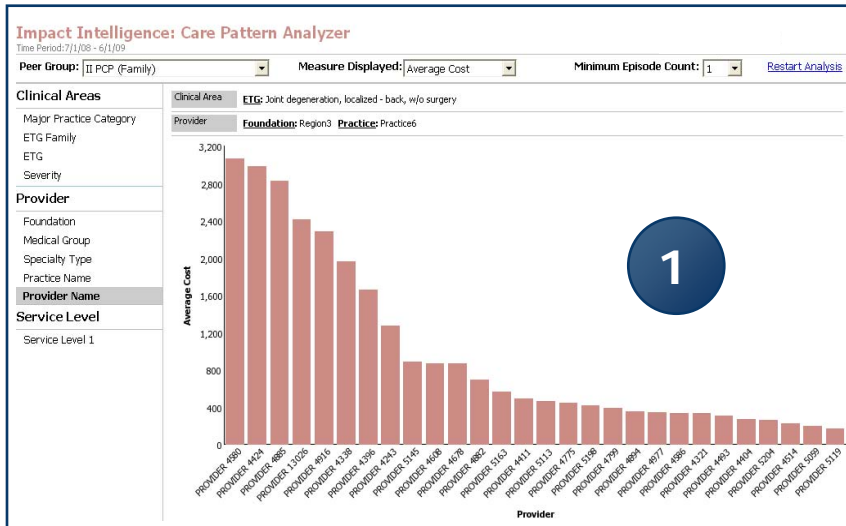
2: Information provided by Ingenix - Actuarial Group

3: Information provided by Wisconsin Population Health Institute

4: Information provided by HHS Community Health Sts

5: Medicare hospital compare

# Understanding Your Performance— Back Pain



# Silos to Coordination

## Secure Data Information Environment

### Data Acquisition

#### Clinical & Administrative Data



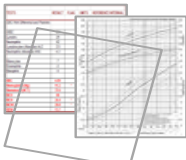
- Admission & Discharge notification
- Specialty Referral notifications
- Advanced Imaging referrals

#### Claims & Enrollment Data



- Enrollment
- Professional
- Facility
- Pharmacy

#### Clinical Data



- Clinical Visit Details
- Laboratory/Radiology
- Biometric Data (Hgt, Wgt, BMI)
- Diagnoses
- Medications
- Allergies

#### Patient Derived Data



- Health Risk Assessment
- Functional Status
- Quality of Life
- Decision Quality

#### Population Health



- Health Status Survey
- County Level Health Indicators

### Data Enrichment & Analysis

#### ETL Processes



#### Patient Centric Data Warehouse



#### Enterprise Service Bus & Business Rule Engine

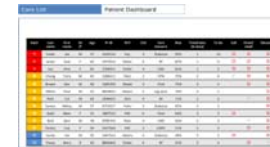


#### Reporting Datamarts



### Population Management

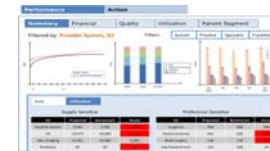
#### Care Management



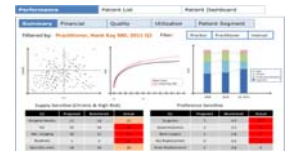
#### PHR



#### Administrative Reports



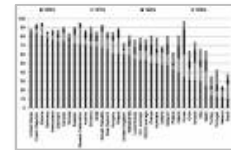
#### Physician Reports



#### CMS Reports

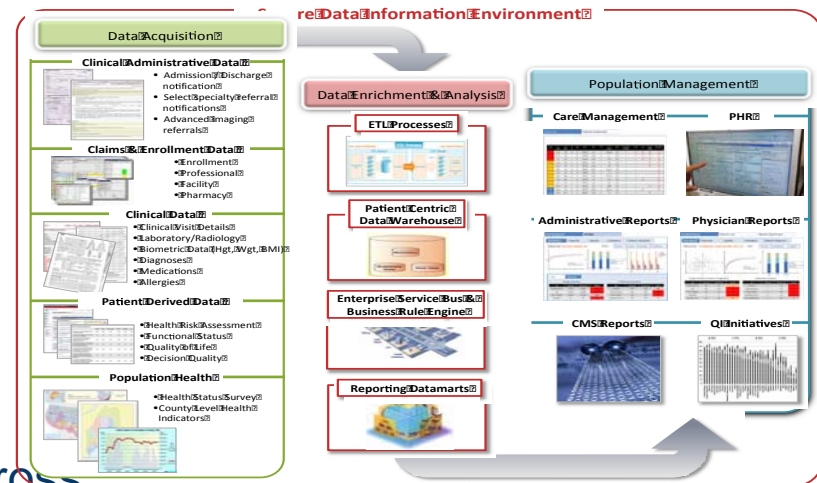


#### QI Initiatives



# Information Suite

- Integrates clinical information (EHR, laboratory, etc), claims data, public health information and patient reported information
- Pools data allowing for
  - Population health analytics
  - Predictive modeling
  - Quality performance benchmarking support
- Enhances current EHR data
  - Creates a patient-centric data model
  - Provides a “single source of truth” across all applications for all users
  - Transforms integrated data into actionable information



Combination of existing foundational technology and innovative analytic & reporting solutions

# Accountable Care Architecture – Analytic Engine and Services



- The Analytic Engine uses the integrated source data to create facts, measures and models that provide robust patient-centric intelligence used in marts and views
  - Financial risk models
  - Clinical care and gaps in recommended care
  - Performance against standard and custom quality measures
  - Longitudinal view of patient and their events
  - Alerts of patient behavior such as recent ED visit, discharges, medication changes
  - Key diagnosis and comorbidities
  - Projected surgical decision points

# Specific Tools

- Supports and enables management of patients by Care Managers, Clinicians and Administrators
- Facilitates decision support based on evidence-based medicine and best practices
- Encourages cost-effective personalized care

## Executive View

- Presents patient financial risk at the population level
- Informs Executive user of important trends in their healthcare system
- Anticipates where concerns and issues will arise

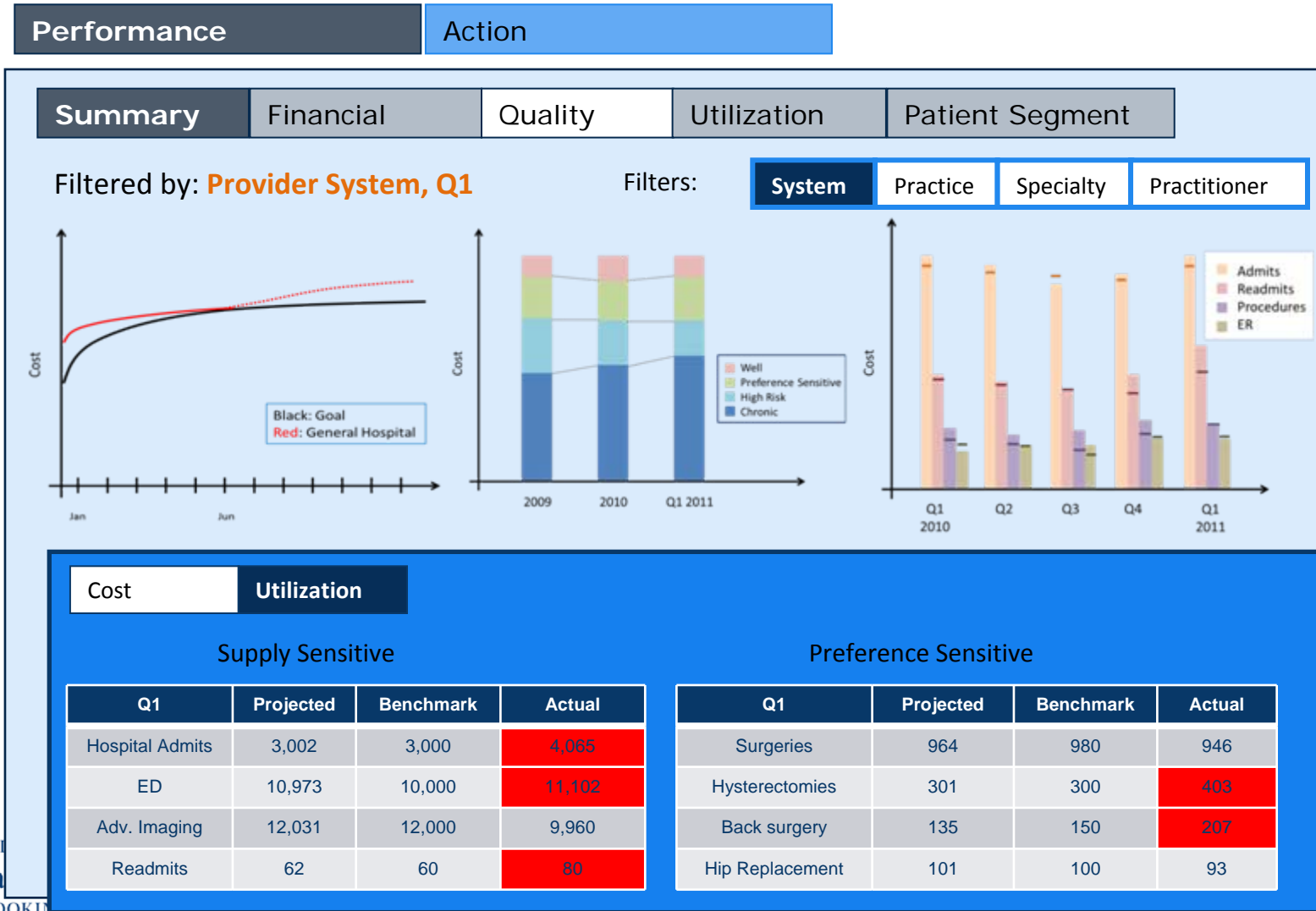
## Clinician View

- Detailed information on population health, patient experience and predicted cost
- Benchmarking data allows clinician to evaluate performance against peers
- Focuses efforts on patients at highest risk

## Care Manager View

- Monitor patient census
- Act on clinician orders or app recommendations
- Schedule follow up
- Distribute clinical resources
- View lists according to risk level and priorities
- Encourages interaction with patients and medical team

# Executive View - Summary



# Clinician View – Performance Summary

Performance

Patient List

Patient Dashboard

Summary

Financial

Quality

Utilization

Patient Segment

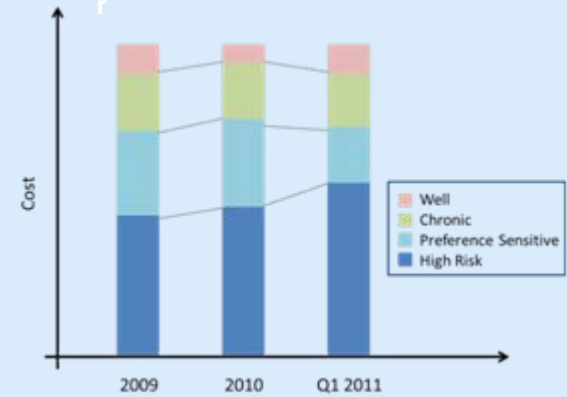
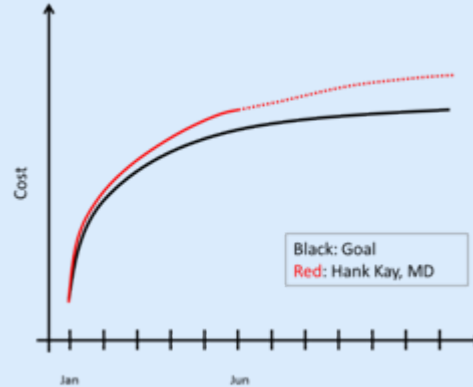
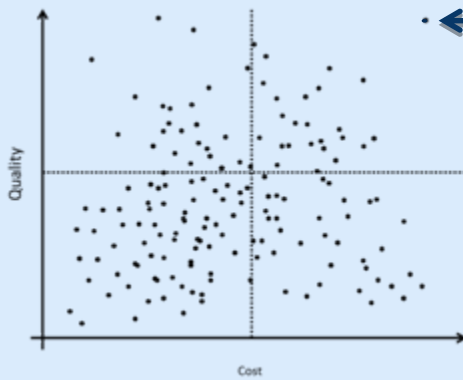
Filtered by: **Practitioner, Hank Kay, MD, Q1**

Filters:

Practice

**Practitioner**

Specialty



Supply Sensitive (Chronic & High Risk)

Q1	Projected	Benchmark	Actual
Hospital Admits	15	16	15
ED	55	50	56
Adv. Imaging	20	21	24
Readmits	1	2	4
Specialty visits	30	30	30

Preference Sensitive

Q1	Projected	Benchmark	Actual
Surgeries	5	4.9	5.0
Hysterectomies	1	1.5	3
Back surgery	1	0.8	1
Hip Replacement	0	0.5	1
Knee Replacement	1	0.8	0



# Care Manager View – Patient List

Care List

Patient Dashboard

Alert	Last name	First name	M/F	Age	Pt ID	PCP	CC#	Care Concern	Risk	Timeframe (in days)	To do	Call	Email	Education
×	Smith	Joe	M	57	3245534	Kay	3	Diabetes	93%	1	10	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
×	Jones	Jane	F	65	5474324	Mann	6	HF	87%	1	6	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
×	Lee	Amy	F	81	2769431	Drake	4	CAD	81%	1	5	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
○	Chang	Terry	M	45	3286412	Ricci	2	HTN	75%	2	4	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
○	Brown	Ken	M	62	3426769	Wood	3	Chol	75%	3	2		<input type="checkbox"/>	<input type="checkbox"/>
○	White	Paul	M	55	8943652	Adams	2	Leg ulcer	74%	3	1			<input type="checkbox"/>
○	Pent	Cal	M	64	2546432	Shin	4	HF	71%	2	3		<input checked="" type="checkbox"/>	<input type="checkbox"/>
○	Santos	Mikey	M	37	6754327	Parks	3	Diabetes	65%	3	2			<input type="checkbox"/>
○	Gold	Babs	F	21	2687533	Pell	6	Chol	64%	3	5	<input type="checkbox"/>		<input type="checkbox"/>
○	Bolt	Sam	M	78	9785754	Ricci	3	CAD	52%	2	2		<input checked="" type="checkbox"/>	<input type="checkbox"/>
○	Parker	Lisa	F	54	5437566	Pell	2	COPD	51%	3	3		<input type="checkbox"/>	<input type="checkbox"/>
□	Sands	Sal	M	35	3467543	Adams	4	Diabetes	49%	5	2	<input type="checkbox"/>		<input type="checkbox"/>
□	Posey	Mary	R	42	8664464	Drake	6	HF	41%	3	4		<input type="checkbox"/>	<input checked="" type="checkbox"/>

# Future Potential 'views'

- Person views
  - Nothing about me without me
- Payer views
  - How are the systems performing
- Employer views
  - Supporting new arrangements with self insured

# MEDICAL STAFF WILL NEGOTIATE<sup>19</sup> AGGRESSIVELY OVER BUNDLED PAYMENTS, CAPITATION AND GLOBAL BUDGETS



# HEALTH SYSTEMS TAKING RISK

- **Health Systems with Legacy Health Plans**
  - Inter-Mountain, Sharp, Presbyterian, Spectrum Health
- **Health Systems that recently built, acquired or merged with a Health Plan function**
  - Partners (Boston), Sutter, Dignity Health (Western Healthcare Advantage), Memorial (Long Beach), Baylor Scott and White, North Shore Long Island Jewish
- **Health Systems that are going deep on Commercial ACO plans and CMS ACOs with plan partners**
  - Montefiore, Steward, Aetna Whole Health (Inova, Banner, Aurora)
- **Health Systems “Go Your Own Way”**
  - Evolent Health (UPMC and Advisory Board Offering) includes Piedmont/Wellstar, Medstar

# THE WORK

- Centrality of Clinical Integration
- Health IT as platform not panacea
- Learning to live on Medicare
- Managing Business Model Migration
- Building a culture of Quality and Accountability
  - “We have the anatomy of an Accountable Care Organization but none of the physiology”

# Questions?

# kpatel@brookings.edu

---