# Achieving Optimization and Functional Outcomes for the Orthopedic Patient

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## Goals

- Provide high quality care
- Improve clinical and functional outcomes
- Integrated care experience
- Reduce avoidable complications and readmissions
- Improve safety
- Eliminate waste and be more efficient
- Outcome based demand matching level of care
- Cost reduction
- Data driven decisions



### Issues

- Payers are encouraging patients to make value driven choices
- Payers are selecting surgeons that they consider high value, low cost providers based on their outcomes
- Payment incentives focus on quality over quantity



#### The National Research Council





CMS Updates Hospitals on HCA



American Hospital Association McKesson Quest for Quality Prize"

Honoring Leadership and Innovation in Patient Care Quality. Safety, and Con



**USNews.**d

**Best Hospital** 





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Healthcare Division

Improving Chronic Health Conditions

Quality Care



Helping you take charge of your health care



**Baldrige National Quality Program** 



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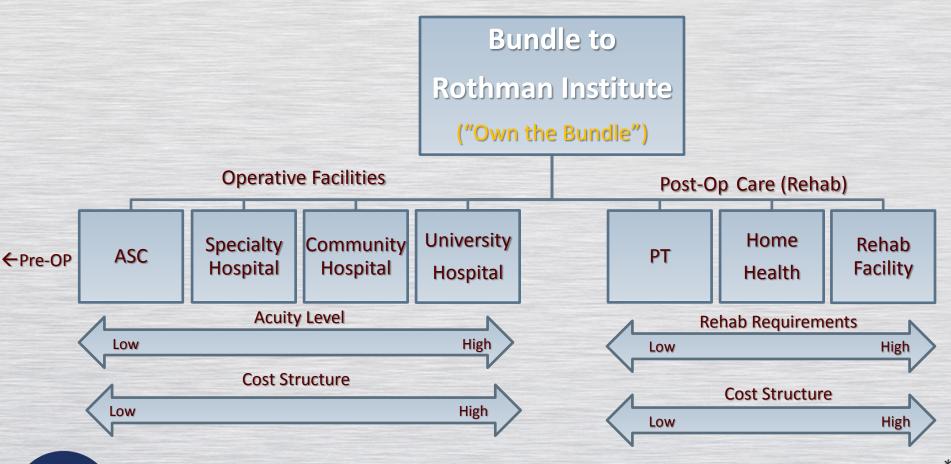


THE**LEAPFROG**GROUP

for Patient Safety Rewarding Higher Standards

# The Rothman Institute Overview

### **BUNDLED PAYMENT: RI VISION – DEMAND MATCHING\***





# Care Pathways



# **Patient Care Pathways**

Develop High Level Processes

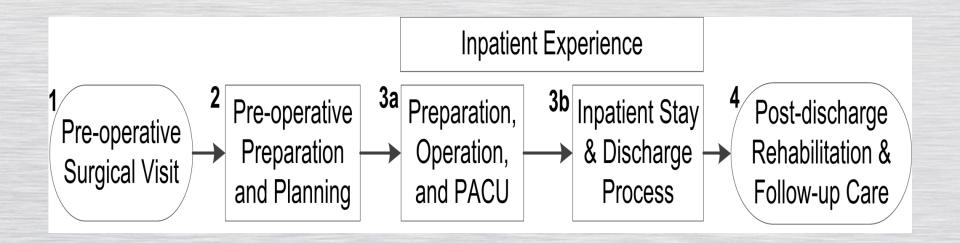
Reduce Waste

Avoid Common Pitfalls

 Metrics should be patient centered and process focused



# **Patient Care Pathways**





# Standardized Patient Care Pathways and Protocols

### Pre-op

- Labs
- H & P
- Pre-op Rehab
- EKG
- CXR
- Medical Clearance

#### OR

- Prep-Patient/Surgeon Scrub
- Positioning
- Equipment
- Implants
- Tourniquet Use and Times

### Post-op

- Orthotics
- X-rays
- Rehab
- Follow up-Functional Score/Pain Management
- Post Discharge Disposition



## **Completed Pathways** 31 Completed

Sports	Med	icine
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#### Knee:

ACL repair

Chondroplasty

Knee arthroscopy with meniscus repair(medial or lateral)

#### Shoulder:

Shoulder arthroscopy; decompression of subacromial space Joint

Shoulder arthroscopy; rotator cuff repair

Shoulder arthroscopy; surgical debridement; extensive

Shoulder arthroscopy; surgical debridement; limited

Shoulder arthroscopy; capsulorrhaphy

#### Spine

AP lumbar fusion

AC decompression fusion

Posterior lumbar decompression fusion

P/C decompression fusion

Microdisectomy

Total knee replacement

Total hip replacement

Revisions

Bilaterals

#### Foot and Ankle

Bunionectomy

Correction of hammertoe

Osteotomy

Tendon transfer

#### Hand and wrist

Carpal tunnel release

Trigger finger

Digital radial fracture

Wrist arthroscopy

Cubital tunnel syndrome

#### Should and Elbow

Total Shoulder

RCR

Arthroscopic shoulder capsulorrahphy

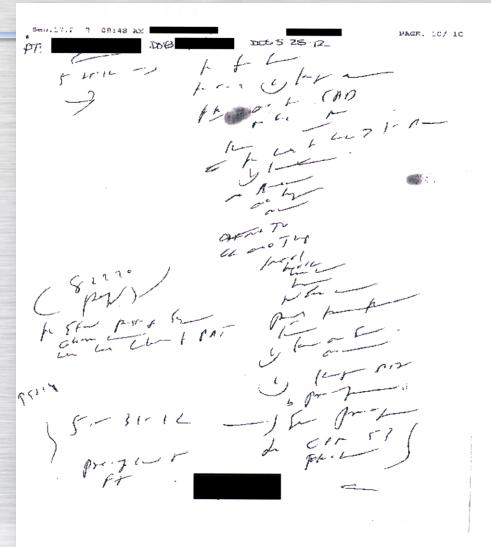
**ORIF Humerus** 



# **Perioperative Clinics**



# "Clearances"





### **Perioperative Medicine Clinic**

This new model coordinates the patient experience through the Surgical Continuum with numerous value-added enhancements to workflow, quality, safety, and cost.



### The Cost of Quality...An Orthopedic Case Study

- 57 year old male, presents for total knee replacement
- Appears healthy, but actually has ETOH history
- Surgery goes fine but 24 hours post-op:
- Develops DT's
- Aspiration pneumonia
- PE
- Stroke
- 22 days in ICU
- Survived, and went to LTAC

CHARGES- what the hospital billed
\$497,000
HOSPITAL ACTUAL COSTS
\$312,000 (give or take)
HOSPITAL WAS PAID- under current rules
\$71,000
What you'll be paid under Bundled Payments
\$13,211

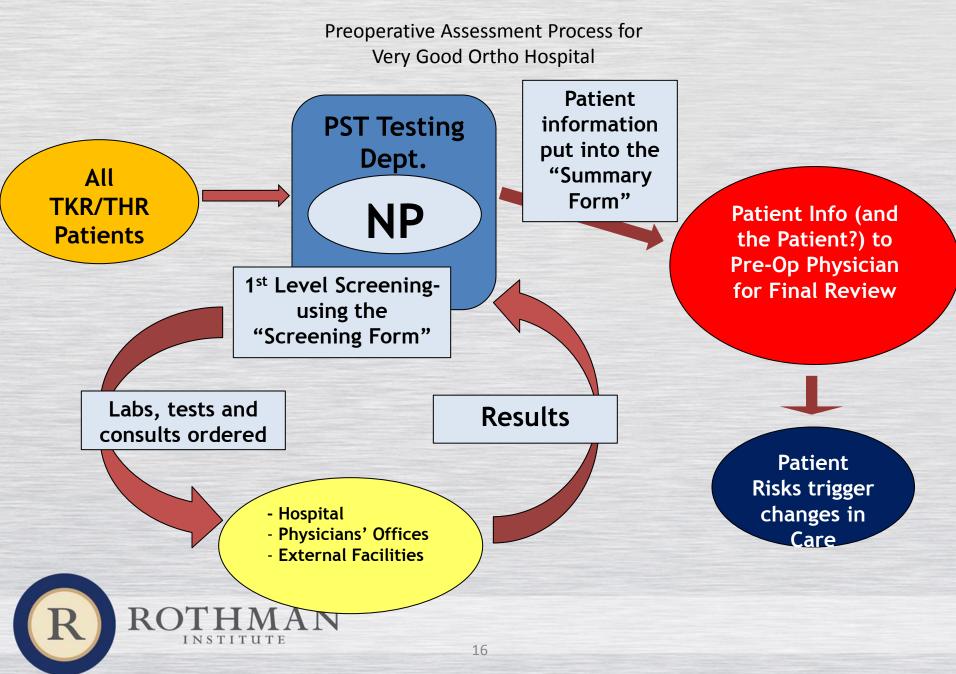


# Pre-Op Risk Screening Tool

- 14 pages
- Evidence-Based
- Covers Cardiac, Pulmonary, Renal, Pain History, Anesthesia History, Patient Meds, GI, Delirium Risk, Skin Risk, Urinary Retention Risk, etc.

ardiac Risk Assessment	Consult(s)	Items To Order
	Consults	To Consider
Coronary revascularization in past 5 years		92/2010 - 23
☐ Stable, No recurrent signs/symptoms	Ø	B-Blockers
☐ Recurrent signs/symptoms	Cards/Anesth	Ø
Coronary Angiography in last 2 years		111.0
☐ Favorable & No new signs/symptoms	Ø	Ø
☐ Unfavorable or new signs/symptoms	Cards/Anesth	Ø
☐ Stress Test in last 2 years		1140
☐ Favorable & No new signs/symptoms	Ø	Ø
☐ Unfavorable or new signs/symptoms	Cards/Anesth	Ø
Intermediate Clinical Predictors		
☐ Angina- Mild		B-Blockers
Prior MI (> 6 months)		B-Blockers
CHF- Compensated (Class I, II)		B-Blockers
☐ Diabetes Mellitus		B-Blockers
☐ Renal Insufficiency	772	ox=
☐ If None of the Above	Ø	Ø
☐ If Any of the Above and MET < 4	Cards/Hold Surgery	Ø
☐ If Any of the Above and MET > 4 and Primary	POP	EKG
☐ If Any of the Above and MET > 4 and Revision	Cards/Hold Surgery	Ø
Minor Clinical Predictors		
Advanced Age (75+)		B-Blockers?
☐ Prior Abnormal EKG		
☐ Abnormal Rhythm		
☐ Low Functional Capacity (MET < 4)		****
☐ History of Stroke		B-Blockers
☐ Uncontrolled Hypertension		B-Blockers?
☐ If None of the Above and MET > 4	Ø	Ø
If None of the Above and MET + 4	POP	CXR





# **Post-Op Care**

Focus on:

Pain Management

VTE prophylaxis

Wound management

Education, education, education!!!



# **Patient Navigator**

# Manages the entire episode of care 30 days pre-op to 90 days post-op

Navigator

**Patient** 

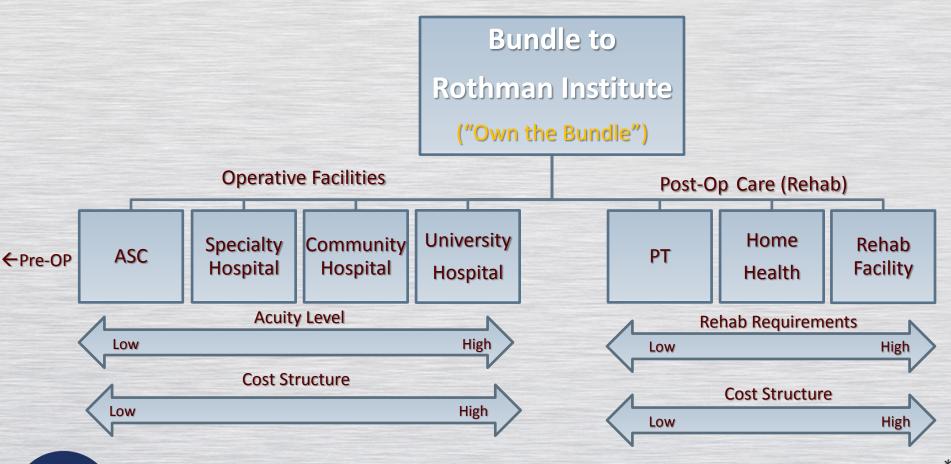
Multidisciplinary Team

Consistent contact point
Medication self management
Surgeon follow up
Nutrition
Home Safety
Awareness of red flags
Lack of transportation
Technology knowledge



# The Rothman Institute Overview

### **BUNDLED PAYMENT: RI VISION – DEMAND MATCHING\***





# **Post Discharge- Next Steps**

### Based on Patient's:

- Pre-op/post-op functional status
- Home Safety/Social Disposition
- Health/Co-Morbidities

Rothman Resources only (follow-up call, Force Therapeutics, postop visit in 2 wks)

Home PT only 1-4 visits

Home Nursing & Home PT

**Inpatient Rehab Facility** 

**Skilled Nursing Facility** 



# **Outcome Measurement**



# **OBERD**

Outcomes Based Electronic Research Database

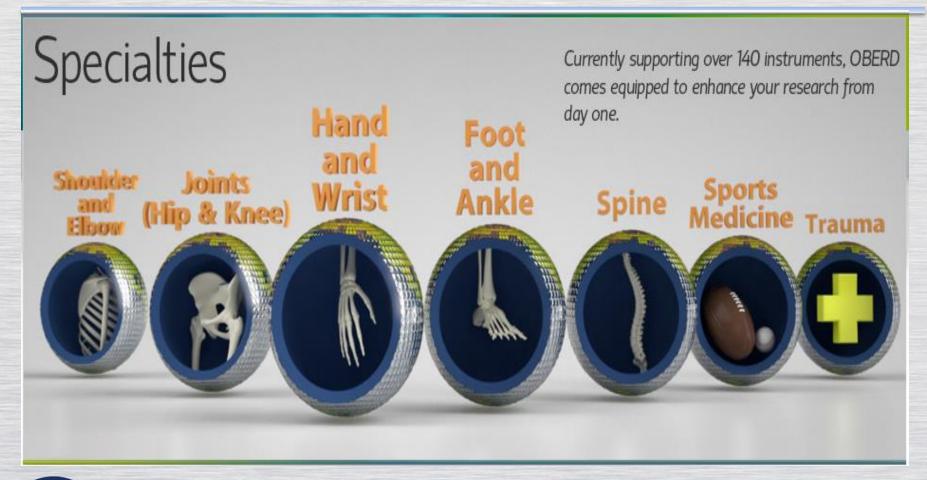
Outcomes-based

Interactive with patients

Integrates with electronic medical record system



# **OBERD**





### **Quality Outcome Instruments**

- Generic
  - VR 12
  - SF 12 Version 1
  - SF 36 Version 1
  - *EQ-5D*
  - MFA and SMFA
- Shoulder/Elbow
  - ASES
  - Constant
  - DASH
  - Penn
  - Rowe
  - SST
  - UCLA

- Foot/Ankle
  - AOFAS
  - FAAM
  - SMFA
- Hand/Wrist
  - DASH
  - PRWE
  - Quick DASH
- Joints
  - Harris Hip Score
  - HOOS
  - Knee Society Score
  - KOOS
  - Lysholm
  - Oxford Hip Score

- Spine
  - Back Pain Index
  - Modified ODI
  - Neck Disability Index
  - Oswestry Disability
  - Index
  - SRS 22
- Sport Medicine
  - -Cincinnati
  - -IKDC
  - -KJOC
  - -Kujala
  - -Marx
  - -Tegner-Lysholm
  - -WOSI





# Outcomes System Components



# Healthgrades Engagement



### Healthgrades

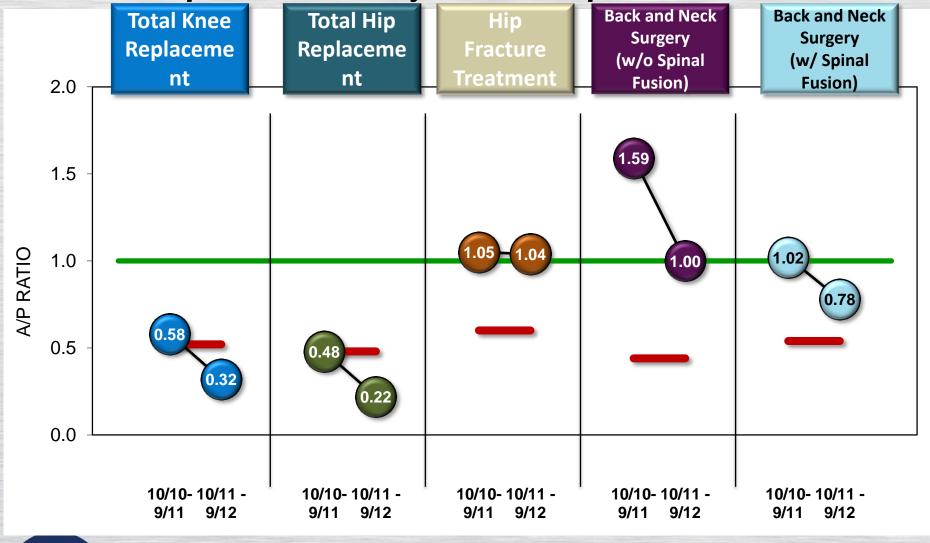
- We needed
  - To quantify our outcomes
  - Data from all payers
  - Data from all sites

- Data integrity is paramount
- Cannot go back and fix must look forward
- Be a part of the process defining outcomes



#### TJUH

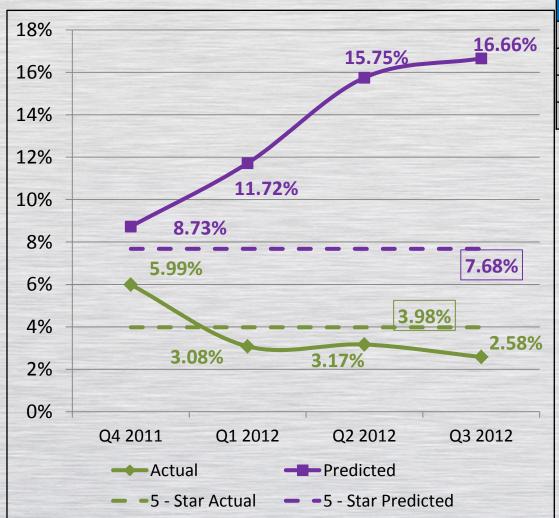
Orthopedics Risk-adjusted Complications Ratios



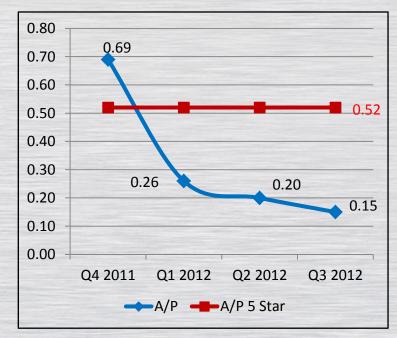




TKR – TJUH
Actual vs. Predicted Complication Trends & Comparison – All Payer Data



Volur	ne	Complica	tions		
Q4 2011	217	Q4 2011	13		
Q1 2012	<b>Q1 2012</b> 227		7		
Q2 2012	252	Q2 2012	8		
Q3 2012	194	Q3 2012	5		





# **Total Knee Replacement- Complication Summary (July 2012 - Sept 2012)**

	Total Knees (N=194)	
Renal	2	Acute Renal Failure
Delirium	1	
Genitourinary	1	UTI
GI	1	C. Diff
Pulmonary	1	Pneumonia



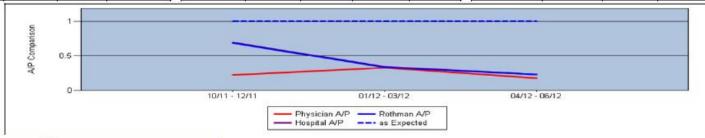


#### Total Knee Replacement - 1st Surgery

HOSPITAL	Q4 2011	04 2011 Q1 2012		Q4 2011 - Q2 2012						
Thomas Jefferson University										
Cases(n)	217	227	252	696						
Patients with Complications	13	9	9	31						
Actual 5.99% Complication Rate		3.96%	3.57%	4.459						
Predicted Complication Rate	8.73%	11.72%	15.75%	12.25%						
A/P Ratio	0.69	0.34	0.23	0.36						
Average Total Charges	\$56,968.00	\$56,711.00	\$57,033.00	\$56,907.52						
Average Length of Stay	2.62	2.69	2.58	2.63						

GROUP	OUP Q4 2011		P Q4 2011 Q1 2012 Q2 2012				
Rothman	n Institute with	in Thomas Je	fferson Univer	rsity			
Cases(n)	217	227	251	695			
Patients with Complications	13	9	9	31			
Actual 5.99% Complication		3.96%	3.59%	4.46%			
Predicted Complication Rate	8.73%	11.72%	15.77%	12.25%			
A/P Ratio	0.69	0.34	0.23	0.36			
Average Total Charges	\$56,968.00	\$56,711.00	\$57,058.00	\$56,916.65			
Average Length of Stay	2.62	2.69	2.58	2.63			

PHYSICIAN	Q4 2011	Q1 2012	Q2 2012	Q4 2011 - Q2 2012			
V:	DR. I			. 3			
Cases(n)	50	46	67	163			
Patients with Complications	1	2	2	5			
Actual Complication Rate	2.00 %		2.99 %	3.07%			
Predicted Complication Rate	9.21 %	13.00 %	16.60 %	13.32%			
A/P Ratio	0.22	0.33	0.18	0.23			
Average Total Charges	\$50,690.00	\$49,864.00	\$50,077.00	\$50,204.72			
Average Length of Stay	2.28	2.46	2.27	2.33			



F	lisks		The same of the sa		
Diagnosis	National Prevalence	Hospital Prevalence	Physician Prevalence		
hd147 DIAB W NEUROVASCULAR	0.90%	2.59%	2.45%		
250.60 DM2/NOS W NEUR MANIF NSU	0.82%	2.59%	2.45%		
278.01 MORBID OBESITY	5.62%	8.19%	7.36%		
hd155 CHRONIC ANEMIA	1.32%	1.15%	0.61%		
280.9 IRON DEF ANEMIA NOS	0.52%	1.01%	0.61%		
327.23 OBSTRUCTIVE SLEEP APNEA	5.13%	9.91%	6.13%		
hd106 NON-MALIGNANT RENAL DISEASE W/O	2.57%	2.59%	4.29%		
403.90 HTN CKD NOS I-IV/NOS	2.51%	2.59%	4.29%		
414.01 COR AS-NATIVE VESSEL	8.23%	10.63%	16.56%		
hd115 PULMONARY HYPERTENSION	0.45%	0.43%	0.61%		
416.8 CHR PULMON HEART DIS NEC	0.42%	0.43%	0.61%		
424.1 AORTIC VALVE DISORDER	0.92%	0.57%	1.23%		



# **Hospital Comparison**

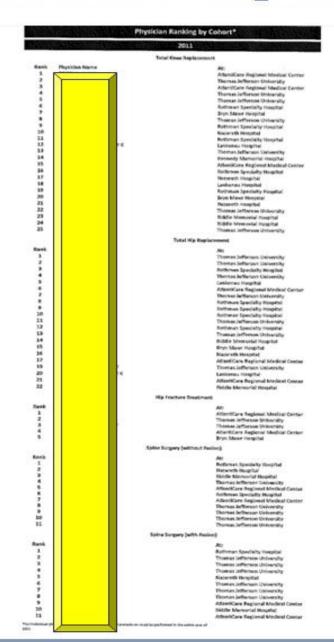






### **Physician Comparison**





				Spine with	Spine without
	TKR	THR	Hip Fracture	fusion	fusion
2013	5	3	5	3	31
2012	3	3	5	3	1
				Spine with	Spine without
	TKR	THR	<b>Hip Fracture</b>	fusion	fusion
2013	3 👢	3	3	3	3
2012	5	3	3	3	3
				Spine with	Spine without
	TKR	THR	<b>Hip Fracture</b>	fusion	fusion
2013	3	3	5		
2012	3	3	3		
				Spine with	Spine without
	TKR	THR	<b>Hip Fracture</b>	fusion	fusion
2013	3	3	3	3	3
2012	3	3	3	3	3
				Spine with	Spine without
	TKR	THR	<b>Hip Fracture</b>	fusion	fusion
2013	3	5	3	3	3
2012	3	3	3	3	3
				Spine with	Spine without
	TKR	THR	<b>Hip Fracture</b>	fusion	fusion
2013	5	3	1	1	3
2012	3	3	3	1	3
				Spine with	Spine without
	TKR	THR	<b>Hip Fracture</b>	fusion	fusion
2013	5	5			
2012					
				Spine with	Spine without
	TKR	THR	Hip Fracture	fusion	fusion
2013	5	5	1	3	1
2012	5	5	1	5	1
				Spine with	Spine without
	TKR	THR	Hip Fracture	fusion	fusion
2013	1 1	1	1	3	3
2012	3	3	3	3	3
		_			



homas Jefferson University Hospital		Joint R	eplaceme	ent Q	uality (	Outcon	nes Da	shboa	rd								
Measure	Source	Description	Frequency	Goal	Jan-12	Feb-12	Mar-12	Apr-12	May-12	Jun-12	Jul-12	Aug-12	Sep-12	Oct-12	Nov-12	Dec-12	YTD 1
Quality									,								
SCIP Measure Overall Compliance		Percentage of patients receiving 100% of recommended SCIP measures	Monthly	100%													
SCIP- Appropriate Antibiotics		Percentage of patients receiving SCIP appropriate antibiotics	Monthly	100%													
Infection Prevention																	
TKR infection rate																	
THR infection rate																	
Outcomes																	
TKR risk adjusted complication rate	HG	observed/expected	Quarterly	0.50													
THR risk adjusted complication rate	HG	observed/expected															
TKR: 30 day Readmission Rate		% of pts readmitted within 30 days	Quarterly	3.3%													
THR: 30 day Readmission Rate		% of pts readmitted within 30 days	Quarterly	3.3%													
LOS																	
Patient Satisfaction																	
Recommend the hospital		HCAHPS	Monthly	83%													
Communciation with Doctors		HCAHPS	Monthly	90%													
att Austin MD		Joint R	F eplaceme		nan Ins uality (		nes Da	shboa	rd								
Measure	Source	Description	Frequency	Goal	Jan-12	Feb-12	Mar-12	Apr-12	May-12	Jun-12	Jul-12	Aug-12	Sep-12	Oct-12	Nov-12	Dec-12	YTD
Quality  SCIP Measure Overall Compliance		Percentage of patients receiving 100% of recommended SCIP measures	Monthly	100%													
SCIP- Appropriate Antibiotics		Percentage of patients receiving SCIP appropriate antibiotics	Monthly	100%													
Infection Prevention																	
TKR infection rate THR infection rate																	
Outcomes																	
TKR risk adjusted complication rate THR risk adjusted complication rate	HG HG	observed/expected observed/expected	Quarterly	0.50													<u> </u>
TKR: 30 day Readmission Rate	н	% of pts readmitted within 30 days	Quarterly	3.3%													
THR: 30 day Readmission Rate		% of pts readmitted within 30 days	Quarterly	3.3%													
LOS		•															
Patient Satisfaction				222/													
Recommend the hospital Communciation with Doctors		HCAHPS	Monthly	83%													
		HCAHPS	Monthly	90%													



### What did we discover?

- Documentation errors
  - Failure to document pre-existing conditions
  - Failure to explain abnormal labs
  - Careless documentation
  - Coding inaccuracy



## **MUST HAVE**

- Perioperative Clinic
- Perioperative Physician
- Comprehensive Pre-op assessment
- Coders on the orthopedic units
- Orthopedic Service Line Coordinators
- Clinical Definitions and protocols
- Complication Review
- Complication Review Committee



## **Quality Initiatives**

- Pre-Operative Medical Evaluation
- Pre-Operative Patient Education (Ortho Camp)
- Medical Co-Management- Peri-Op B-Blockers, Glucose Management, Etc.
- Pain Protocols
- Discharge Planning
- Delirium Prevention
- Renal/Urinary/Catheter Management
- DVT/PE Prophylaxis
- Anesthetic Technique
- Pulmonary/Respiratory Optimization/O2 Therapy
- Cardiac Monitoring
- Antibiotic Usage/Infection Control



# **Identify Problem Areas**

- Inconsistent (or incomplete) Pre Op Evaluations
- Poor Communication Between Providers,
   Anesthesia and Surgeons
- Lack of Patient Education/Expectations
- No Standard Process to Identify/Prevent Recurrent Complications
- Coding Language



# **Establish Mandatory Process**

- Surgeon Participation
- Centralized Medical Evaluation Facility
- Dedicated Sub-Specialty Groups
- System Based Guidelines (i.e. abnormal labs/studies)
- Standardized Patient Education
- Joint Class



# Patient/Disease Specific Protocols

- "Trigger Form": Identifiers to Guide Pre-Op Care
- Specialist Guided Recommendations
  - i.e. Fluids for renal patients and specialized induction for delirium risk patient
- Specific Post Op Order Sets: Initiated in Recovery Room through Hospital Course
  - I.e. Telemetry for OSA patient and meds/Foley management for retention risk patient
- Educate Staff



## Self Evaluation

- Complication Log
  - Provides "real time" assessment
- Quarterly Team Review
  - Discuss every complication and readmission
- "Tweak" / Create Triggers / Make Changes
- Reinforce/ Re-educate



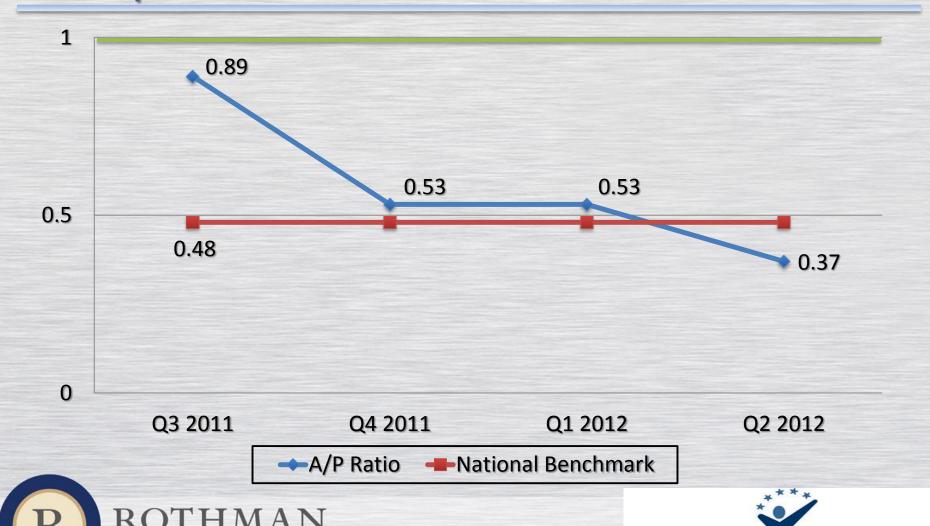
# **Orthopedic Quality Teams**

We need a unified and consistent approach to determining quality initiatives and data review

- Specialty dashboards
- 100% complication review
- Discussion of quality initiatives



# Total Hip Replacement Risk Adjusted Major Complications



#### **CONTRIBUTING ENTITIES**

HEALTH **OBERD EHR BILLING BUSINESS INTELLIGENCE** ANALYZE LINK INSURANCE COMPANIES RESEARCH / PUBLICATIONS COLLABORATIVE GROUP INTEGRATED REPORT CARD ACO

# **Co-Management Agreements**



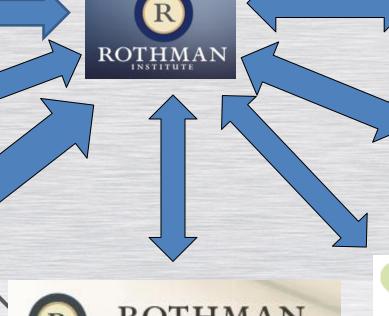


Physicians Care Surgical Hospital









efferson...









Changes are going to be made

 Policy makers will dictate changes based on measures they see as important

 We can help guide change based on measures that physicians and patients see as important



- Do not focus only on cutting costs—not great for patient
- Do not focus only on improving quality—too expensive, spending to improve quality can be limitless
- Focus on getting highest quality for least cost over time
  - Changes should be patient-centered



- Measure those outcomes that are most important to the patient
  - Pain
  - Function
  - Return to work or previous activity



- Requires
  - Comparative effectiveness research
    - Determine which procedures work/have value
    - Minimize influence of industry/bias
  - Transparency
    - Who is doing what?
    - How are the patients doing?
    - Reporting results/complications
    - Quality and cost data available to all stakeholders, including patients
  - Leadership to implement changes ROTHMAN

## Do You Want To Be...

Leading?

Following?





