



Avoid Readmissions
through Collaboration
The ARC Initiative

Readmissions Summit



Doing things
the same way
will NOT reduce
readmissions

A New Path



Select an AIM



30/30/13

Reducing 30 & 90 Day Readmissions

By 30%

By 2013

ARC Strategies

- Building a collaborative community with a shared goal
- Sharing evidence-based transitions of care models and implementation practices
 - In-person learning sessions and webinars
- On-site technical assistance
- Data collection and monitoring



Engage

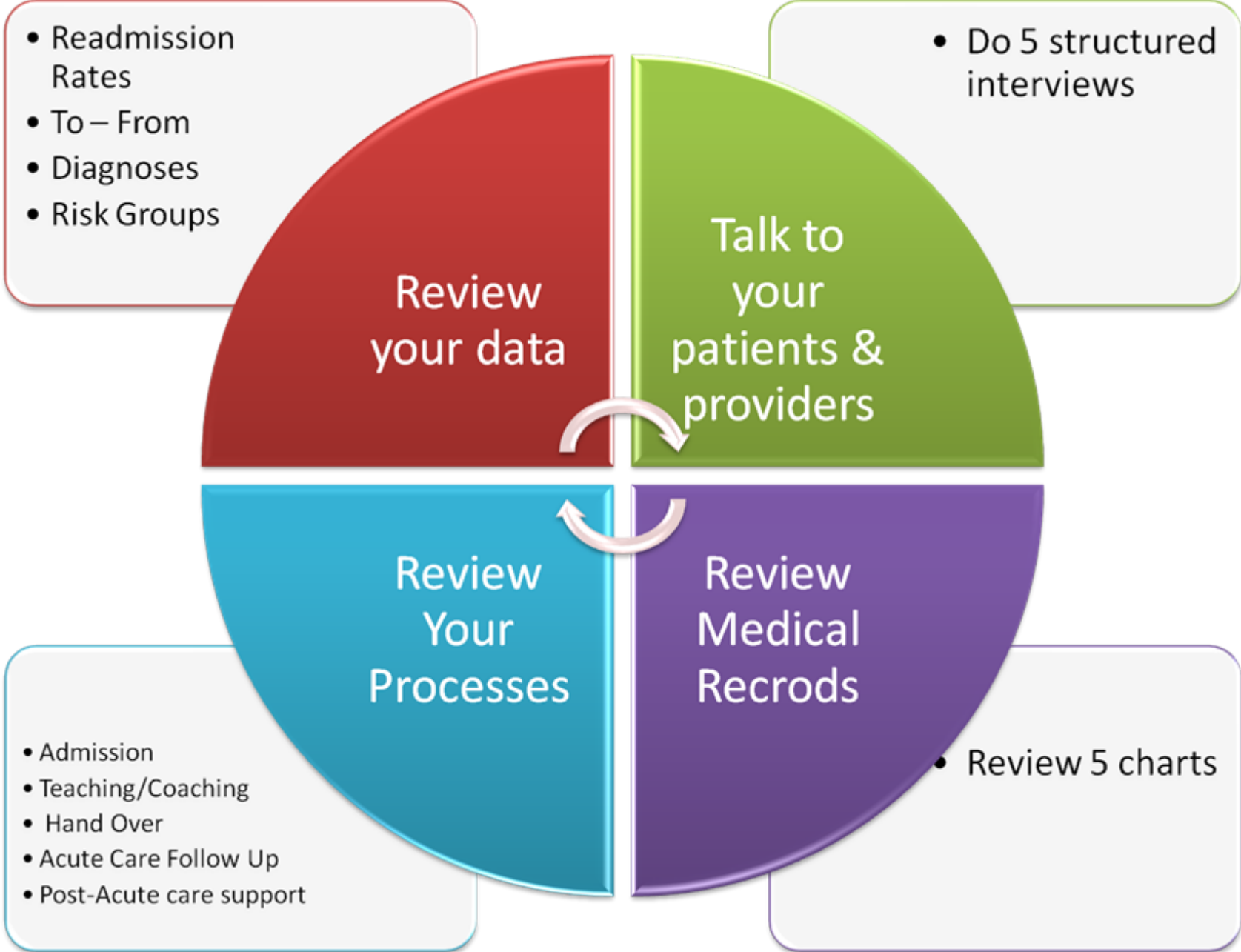
Join the Journey

Destination

30/30/13



Readmission Reduction Strategies Guide 2011

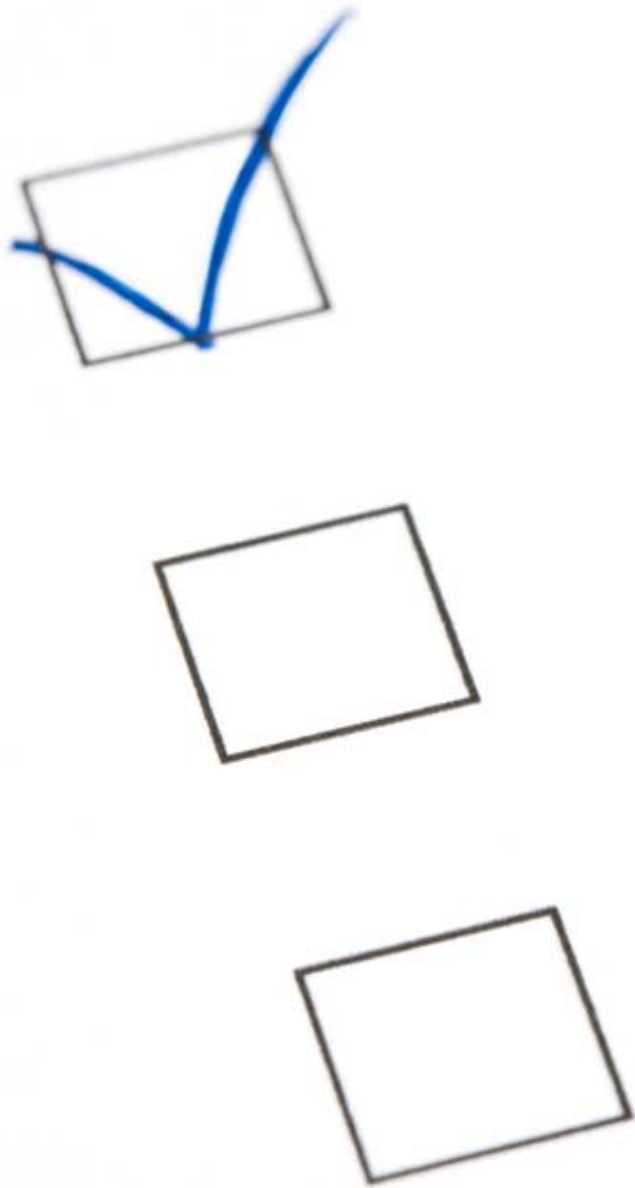




What were the
bright spots?

What was broken
or unreliable?



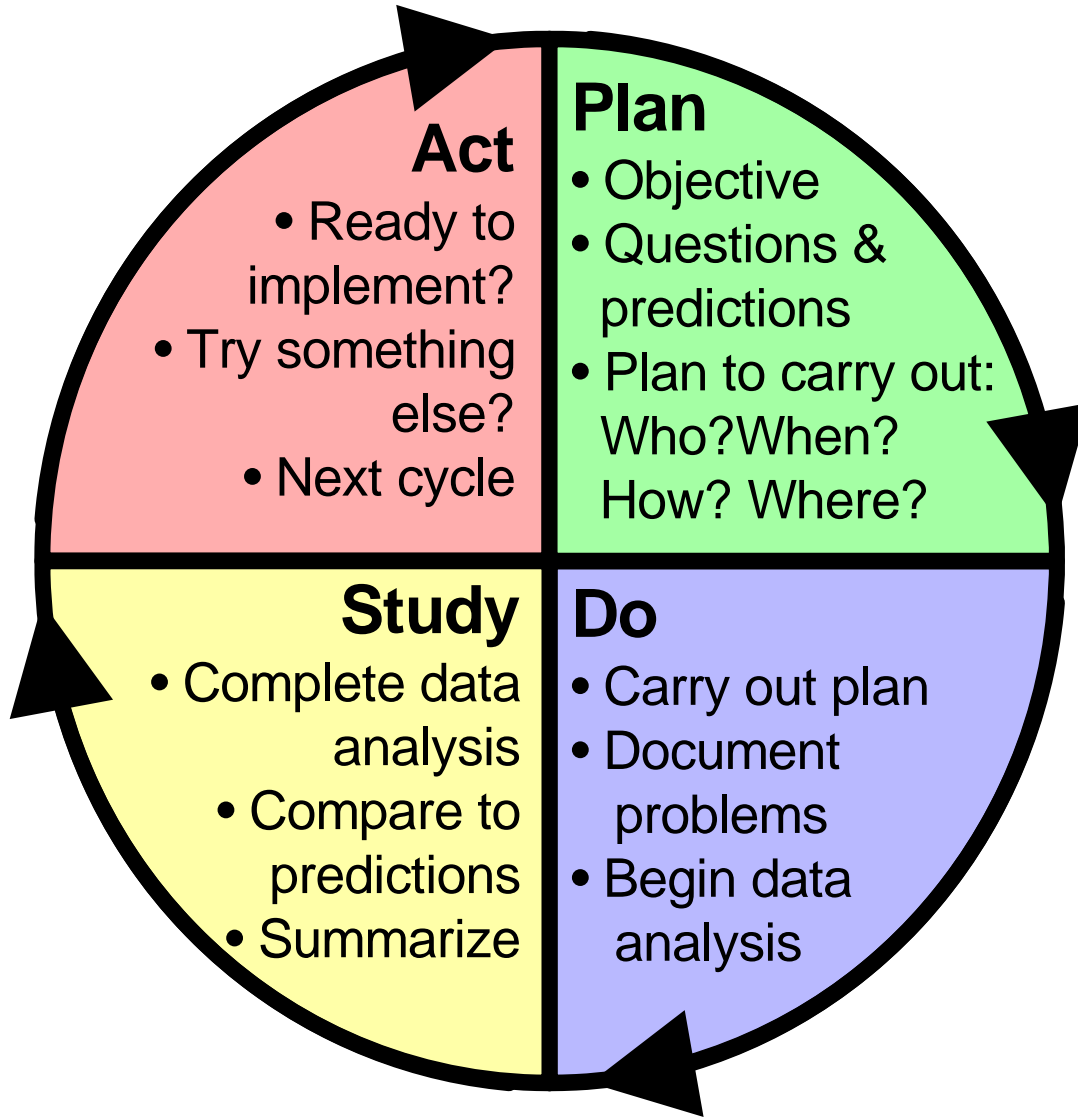


Select your
model(s)



**Non-
Compliant**

Improve





Connections



Reinforcement

Customize







We can't stop now



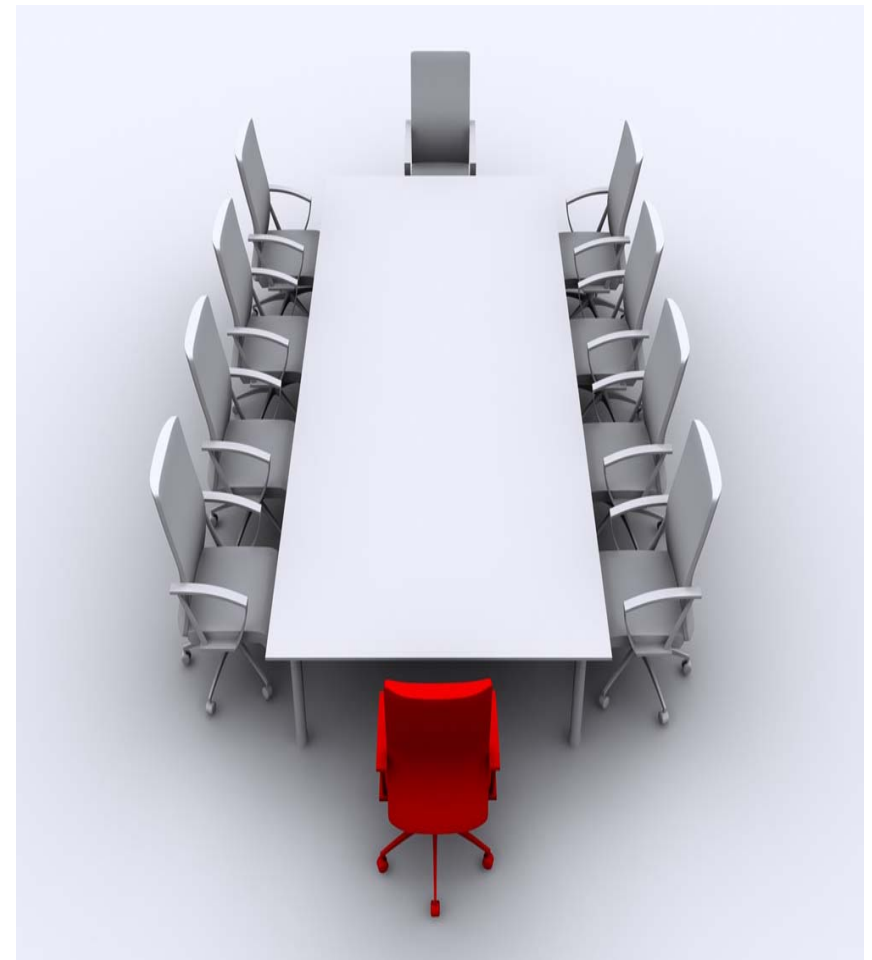
2.



CommUnity

New Strategies

- Patient Advisory Council
- Special Interest Groups
 - Pharmacists
 - Substance Abuse
 - Home Health
 - Business Case
 - ProjectRED Boot Camp
- Connecting with Community Providers
 - SNF
 - Day of Transitions



Simple but effective

- Get people in the same room
- Learn what everyone has to offer
- Learn what everyone's frustrations are
- Start with one issue and go from there



Drum Roll



Total Readmissions Prevented

>4,000

Total Dollars Saved

\$39,000,000



Hospital Collaborative Reduces Readmissions by 11 Percent

Bay Area Project Avoids 3,300 Hospitalizations, Saves \$32 Million
PALO ALTO, Calif., May 23, 2013 (GLOBE NEWSWIRE) — A collaborative that includes 21 San Francisco Bay Area hospitals has reduced the number of discharged patients readmitted to local hospitals by 11 percent, which represents about 3,300 hospitalizations and saves an estimated \$32 million in medical costs.

This is good news for patients and hospitals: patients aren't returning to the hospital as frequently because they're able to manage their health at home. And hospitals are saving on costs while also meeting the reduced-readmission goals that are part of healthcare reform. Hospitals failing to reduce readmissions could pay penalties such as reduced Medicare payments.

ARC Project Reduces SF Hospital Readmissions 11% Collaborative Effort Avoids 3,300 Hospitalizations, Saves \$32 Million

OAKLAND, Calif.—(BUSINESS WIRE)—San Francisco Bay Area hospitals participating in an innovative initiative called ARC (Avoid Readmissions through Collaboration) reduced the number of discharged patients readmitted to hospitals in 2011 and 2012 by more than 3,300, saving an estimated \$32 million in medical costs. This is an 11% reduction compared to 2010, putting ARC more than one-third of the way to its goal of reducing readmissions 30% by the end of 2013.

"Studies show that nearly one in five discharged Medicare patients returns to a hospital within 30 days — about two million people annually," said ARC Implementation Officer Pat Teske, RN, MHA. "Readmissions not only cost more than \$17 billion annually, but also have a huge impact on patients. Reducing readmissions is a critical indicator that Bay Area hospitals are improving health care outcomes for thousands of patients."

ARC has played a key role by supporting hospitals as they improve the transition of care process. This includes ensuring patients understand discharge instructions and encouraging closer collaboration between hospital staff and post-hospital medical care providers.

The progress on readmissions was shared today with more than 150 attendees at Beyond Hospital Walls, an ARC-sponsored conference in Oakland. The daylong event focused on best practices used in different care settings and forged closer relationships between hospital staff and other allied health care professionals and facilities, such as pharmacists, skilled nursing facilities and home health care agencies.

"We still have work to do to reach our 30% reduction goal," said Ms. Teske. "But we can all be proud that ARC and our partners are leading the way to improve

"Readmissions not only cost more than \$17 billion annually, but also have a huge impact on patients. Reducing readmissions is a critical indicator that Bay Area hospitals are improving health care outcomes for thousands of patients."

Great News but...
We still have a long
way to go



Getting to our goal

**What's
preventing
us from
obtaining
our goals?**

**What do we
need to do
differently?**

Get into
the weeds





Hang in there



Next Up –
Statewide
Analysis





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