ROCHESTER

Panel: Are IRBs Efficient, Effective or Redundant?

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IRB Mission

 The primary purpose of [IRB] review is to assure the protection of the rights and welfare of the human subjects.

21CFR56.102(g)

IRB Approval Criteria

- IRB determines the following:
 - 1,2) risks to subjects are minimized and reasonable
 - 3) selection of subjects is equitable
 - 4,5) informed consent is obtained and documented
 - 6) adequate monitoring of study data
 - 7) adequate privacy and confidentiality
 - 8) additional safeguards for vulnerable subjects

21CFR56.111 / 45CFR46.111

"Optional Extras"

- 50.24 rules
- HDE review
- Repositories/Banks
- COI reviews
- Subpart C reviews / reporting
- Exemption (46.101.b) determinations

- Adverse Event
 reporting / reviews
- HIPAA
- Contact Databases
- Scientific Review (lit)
- Certification*
- Accreditation*



"Let the IRB do it"

Why?

- Everyone is running scared
 - high-profile closures
 - law suits (institutions, PIs, IRBs)
 - sense of lack of 'control' (or 'out of control')
- Conservative interpretations
 - Federal regulators
 - Institutional offices (legal / risk management)
 - IRBs

"When in doubt - just say no."

Stress

Greater workload
 – do more, document more



- Less enjoyment / satisfaction
 more staff / member turnover
- Has the level of Human Subject Protection changed for the better?

Reponses

- Networking
 - ARENA membership / meetings
 - IRB Forum
 - IRBNet

• Electronic submission / review

Central Review

Centralized Review

- Models
 - NCI
 - Contract IRB
 - Co-operative IRBs
- Cooperative Review (45CFR46.114)
 - Cooperative research projects are those projects covered by this policy which involve more than one institution. In the conduct of cooperative research projects, <u>each institution is responsible</u> for safeguarding the rights and welfare of human subjects and for complying with this policy. With the <u>approval of the Department</u> or Agency head, an institution participating in a cooperative project may enter into a joint review arrangement, rely upon the review of another qualified IRB, or make similar arrangements for avoiding duplication of effort.

Really Why?

• Trust

or, more correctly, lack of trust



Solution – System Change

Return the concept of "trust" back to the system

• Accept that some will fail / abuse

 Focus on the outliers do not regulate / manage to the "1%"