



# **Preconference III: Basic Strategies to Comply with the HIPAA Security Rule**

## **~Introduction and Overview~**

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# John Parmigiani

- QuickCompliance, Inc. Senior Vice President for Consulting Services
- President, John C. Parmigiani & Associates, LLC
- CTGHS National Practice Director for Regulatory and Compliance Services
- HCS Director of Compliance Programs
- HIPAA Security Standards Government Chair/ HIPAA Infrastructure Group
- Directed development and implementation of security initiatives for HCFA (now CMS)-  
Director of Enterprise Standards
  - Security architecture
  - Security awareness and training program
  - Systems security policies and procedures
  - E-commerce/Internet
- Directed development and implementation of agency-wide information systems,  
policy, and standards and information resources management
- AMC Workgroup on HIPAA Security and Privacy; Content Committee of CPRI-  
HOST/HIMSS Security and Privacy Toolkit; Editorial Advisory Boards of *HIPAA  
Compliance Alert's HIPAA Answer Book* and *HIPAA Training Line, HIPAA Training  
Alert, and Health Information Compliance Alert*; Chair, *HIPAA-Watch* Advisory Board;  
*Train for HIPAA* Advisory Board; *Train for Compliance* Board of Directors; HIMSS  
Privacy and Security Steering Committee; JCAHO/NCQA Privacy Certification  
Committee for Business Associates; Frequent speaker at national conferences

# Session Overview



- **HIPAA Security 101**
  - Lesley Berkeyheiser & Sue Miller
- **Six+ Months to Go: Tuning Up for Security Compliance – Tips of the Trade**
  - Holt Anderson
- **Simplifying the Administration of HIPAA Security: A Practical Approach**
  - Angel Hoffman
- **Security Standards Workshop: An Overview - from Risk assessment to Proposed Policies**
  - Frank Ruelas
- **Q&As after each and, if needed, at the end**





# Our Goal

- **To provide you with a thorough understanding of what's expected for compliance with the HIPAA Security Rule**
- **To share with you some practical implementation advice as you work toward compliance by April 21, 2005**
- **To discuss our views on what we believe might be "reasonable" and "appropriate" and to attempt to demystify the regulation**



# HIPAA (AS) Intent

- Reduce healthcare **administrative costs** by standardizing (format and content) electronic data interchange (EDI) for claims submission, claims status, referrals, eligibility, COB, attachments, etc.- Foster E-Commerce - can also be used to streamline ordering and paying for supplies and services
- Establish **patient's right to Privacy**
- Protect **patient health information** by setting and enforcing Security Standards
- Promote the attainment of a complete **Electronic Medical Record (EMR)**



# HIPAA Characteristics

- **HIPAA is forever and compliance is an ever-changing target**
- **HIPAA is more about process than technology**
- **HIPAA is about saving \$\$ and delivering improved healthcare**
- **HIPAA is policy-based (documentation is the key)**
- **HIPAA advocates cost-effective, reasonable solutions**
- **HIPAA should be applied with a great deal of “common sense”**



# Administrative Simplification Trilogy

- **Transactions and Code Sets (TCS)**
  - October 16, 2003 compliance date>>>...
- **Privacy**
  - April 14, 2003 compliance date
- **Security\***
  - April 21, 2005 compliance date

*\* the last piece, finally!*



# HIPAA Security Rule Intent

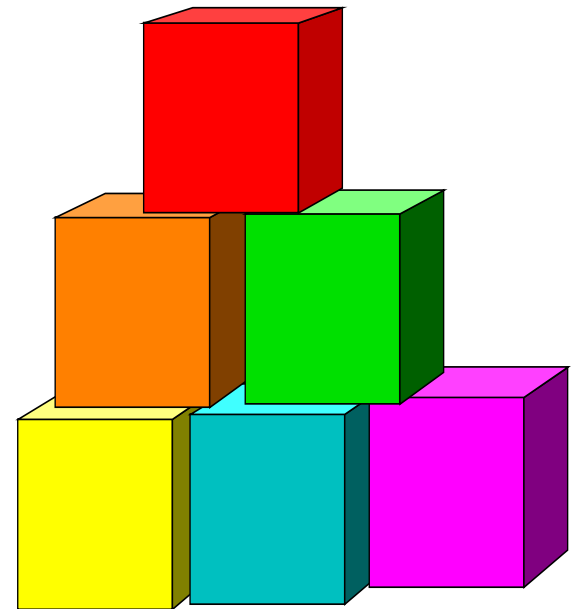
- **Ensure the confidentiality, integrity, and availability (CIA) of all electronic protected health information (PHI)**
- **Protect against any reasonably anticipated threats and uses or disclosures that are not allowed by Privacy**
- **Mitigate these threats by whatever safeguards you believe can reasonably and appropriately be implemented in line with the Security Rule standards**





# Security Goals

- **Confidentiality**
- **Integrity**
- **Availability**



*of protected health information*



# Good Security Practices

- **Access Controls-** restrict user access to PHI based on need-to-know
- **Authentication-** verify identity and allow access to PHI by only authorized users
- **Audit Controls-** identify who did what and when relative to PHI

***Any enforcement of the regulation will focus on how well you are doing these!***



# Terminology

**What did the government really mean when it used the following words:**

- **Ensure**
- **Thorough**
- **Audit**
- **Addressable**
- **Reasonable**
- **Appropriate**





# Two Themes

- First two presentations deal with what the regulation intends and some of the implications that you should be aware of as you work toward compliance
- The last two presentations take what was discussed in the first two and apply it in real-life covered entity environments



# Our First Presentation

- **HIPAA Security 101**
  - **Lesley Berkeyheiser**
    - **Principal, The Clayton Group**
    - **Co-chair, WEDI SNIP Security & Privacy Workgroup**
  
  - **Sue Miller, Esq.**
    - **Director, Health Transformation Solutions, Webify Solutions, Inc.**
    - **Co-chair, WEDI SNIP Security & Privacy Workgroup**