

Privacy in 24 Hours: or 140,000 Hours



Roy Rada, M.D., Ph.D.
Prof. at UMBC, rada@umbc.edu
Publisher of www.hipaa-it.com



Start Small

For 2-doctor office with 4 assistants,
privacy manual

- is 25 pages,
- is self-contained, and
- takes 24 person hours to implement.

Then scale to large.



24 Hour Compliance

- Phase 1: Executive reads awareness essay & passes manual to office manager – 1 hr.
- Phase 2: Office manager studies current policies, and information flows – 5 hrs.
- Phase 3: Policies tailored and business associates contacted – 3 hours



24 Hours (con't)

- Phase 4a: Everyone trained – 5 hours
- Phase 4b: Procedures implemented – 3 hours
- Phase 4c: Business associate contracts signed – 4 hrs.
- Phase 4d: Administration by office manager – 3 hrs.

Total 24 Hours



Privacy Manual for small entity

■ Patient Rights, Communication, Administration

| <i>Patient Rights Checklist:</i> <i>Do you have?</i> | <i>Yes</i> | <i>No</i> |
|---|------------|-----------|
| Notice of Privacy Practices | | |
| Authorization | | |
| Access and Amend Policy | | |
| Accounting and Restriction Policy | | |



Notice

THIS NOTICE DESCRIBES HOW HEALTH
INFORMATION ABOUT YOU MAY BE USED ...
AND HOW YOU CAN GET ACCESS ...

.....

[Further details is 3 pages]

###

Acknowledgement of receipt of Notice of Privacy
Practices:

Signature: _____



Communication Checklist

| <i>Do you have policies for?</i> | <i>Yes</i> | <i>No</i> |
|----------------------------------|------------|-----------|
| Phone and face-to-face | | |
| Email and fax | | |
| Medical records | | |



Medical Record

| Role | Information |
|---------------------|-------------|
| Chief | Everything |
| Medical Assistants | Health |
| Receptionist | Scheduling |
| Information Manager | Billing |



Administration Checklist

| <i>Do you have?</i> | <i>Yes</i> | <i>No</i> |
|------------------------------|------------|-----------|
| Privacy Officer | | |
| Business Associate Contracts | | |
| Accountability | | |
| Safeguards | | |
| State pre-emptions | | |
| Training | | |



Executive Awareness

Awareness essay
is 1,000 words.

- Gentle
- Reasonable
- Solution-filled

Begins: The executive in a small facility is challenged by budget reforms and legal minefields. The latest challenge comes in the form of HIPAA's Administrative Simplification provisions.



Tables

5 electronic or paper tables could accommodate the range of expected behavior documentation.

| Exceptional Disclosures for <u>John Doe</u> | | | |
|---|--------------|---------------|---------|
| Date | To whom Sent | What was Sent | Purpose |
| | | | |
| | | | |



Requests

Requests for access, amendment, or accounting of disclosures. ONE TABLE FOR CENTRAL OFFICE (not in each patient record)

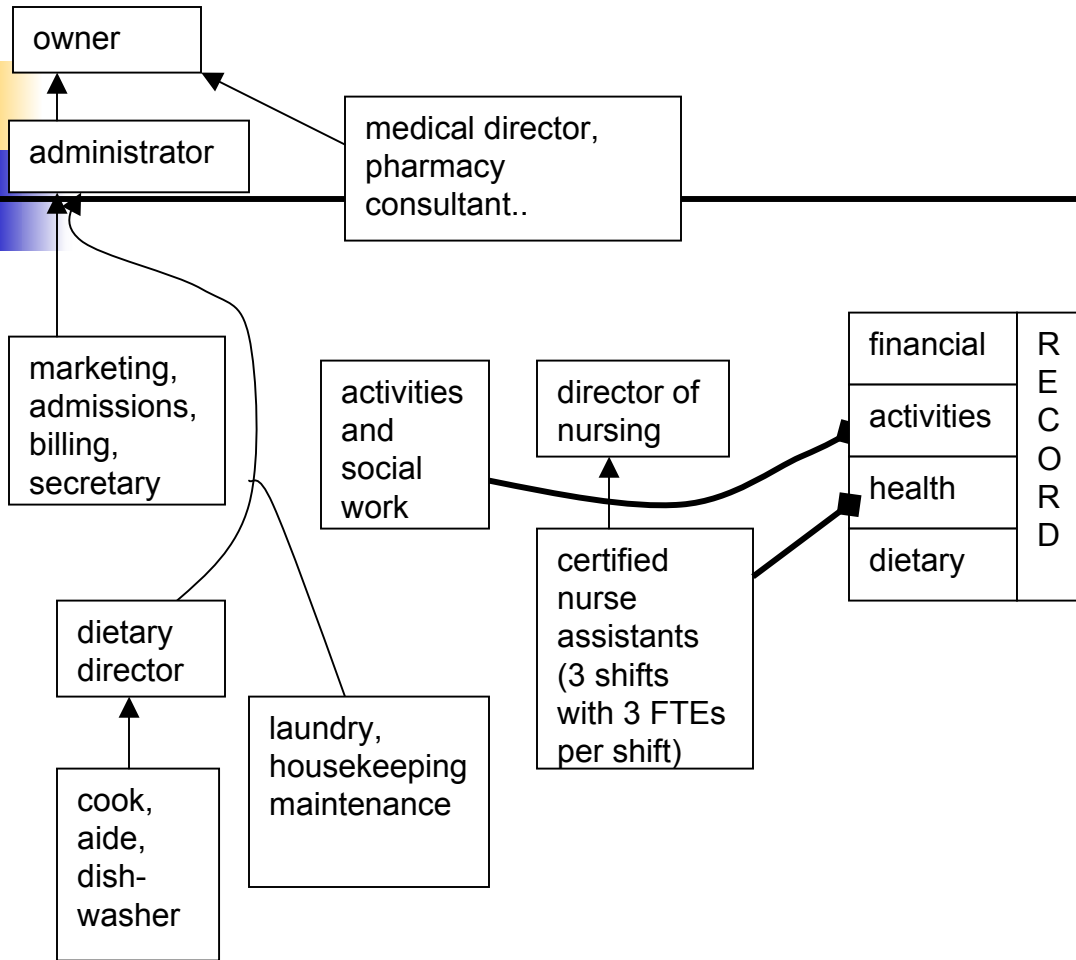
| <i>Patient Name</i> | <i>Date of Request</i> | <i>Date Satisfied</i> | <i>Details of Request</i> |
|---------------------|------------------------|-----------------------|---------------------------|
| | | | |
| | | | |



As Entities Get Larger

- More roles.
- More policy specifics.
- More existing infrastructure to match.
- An opportunity to further harmonize or a bigger headache.

Example: 48 Hours for Nursing Home



Implementation time:
 Chief: 1 hour,
 Facility administrator:
 13 hours,
 34 other staff: 1 hour
 each.
 Total time commitment
 of 48 hours.

Model

| label | symbol | formula |
|----------------------------------|---------|---------------|
| parts per entity | n | |
| subparts per part | m | |
| employees per subpart | k | |
| total employees | emp | $n*m*k$ |
| Privacy Officer Hours in a month | POmonth | $.04*emp+2$ |
| CEO awareness | CEO | $.0004*emp+1$ |

Model (con't)

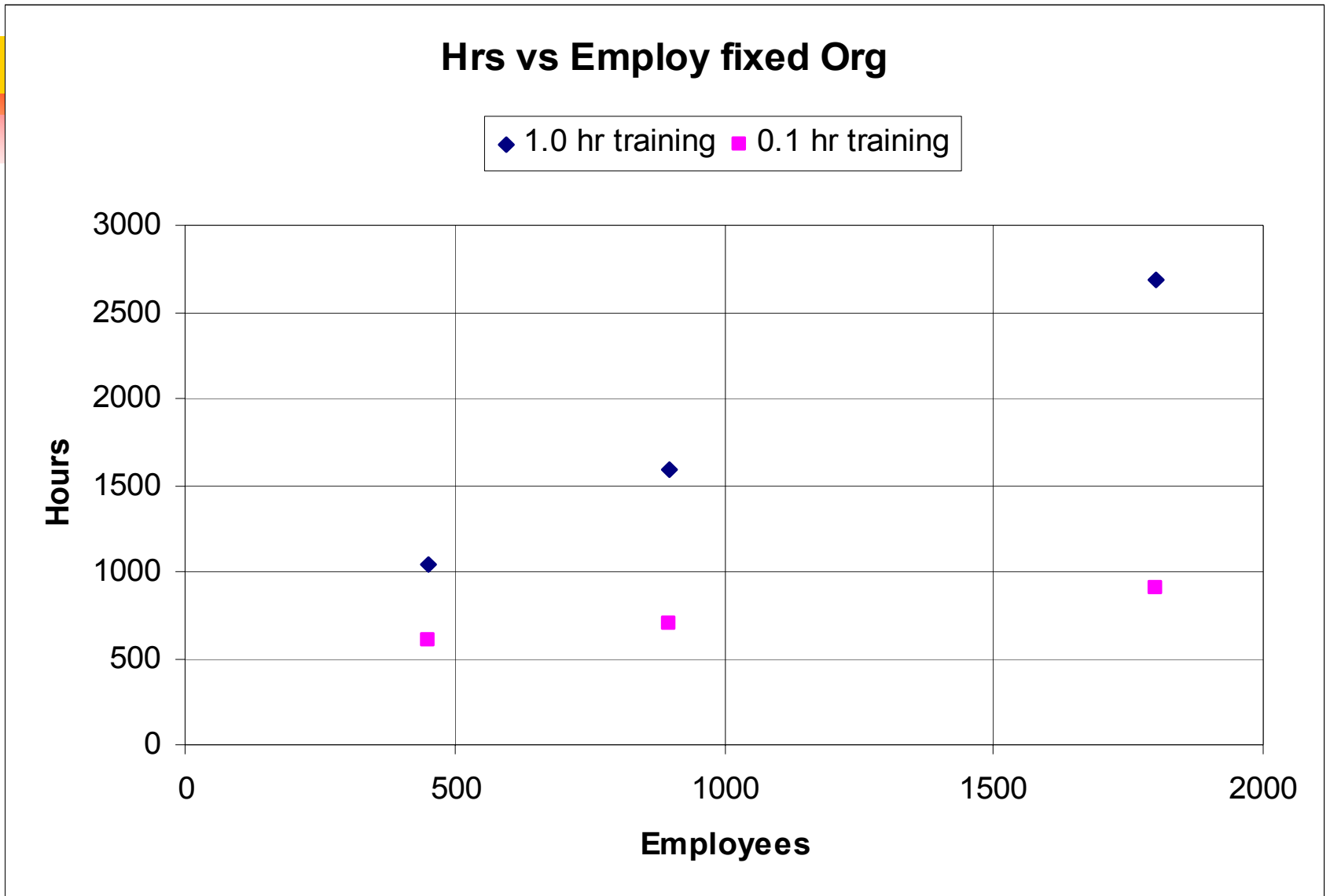
| | |
|--------------------|---------------------|
| Phase 1 | $CEO + ((n+m) * 5)$ |
| Phase 2 | $5*(n*m)+POmonth$ |
| Phase 3 | $5*(n*m)+POmonth$ |
| Phase 4 training | $1*emp+0.1*emp$ |
| Phase 4 procedures | $n*5 + m*3$ |
| Phase 4 BA | $(n+m)*8$ |
| Phase 4 admin | $POmonth$ |



Economies of scale

- 'organizational complexity' = $n*m$.
- organizational complexity at 30
 - employees from 450 to 900 to 1800 →
 - hour cost from 1,042 to 1,590 to 2,690.
- employees at 900
 - organizational complexity from 2 to 30 to 450 →
 - hour cost from 1,175 to 1,591 to 6,355.
- If 100,000 employees, then 145,000 hours.

Total Compliance Hours Halved by Reducing Training





Maintenance Costs

- 1-year Maintenance is a small fraction of Implementation Cost.
- Annual Maintenance Cost is approximately 0.1 of number of employees.

Risk Analysis

| Threats | Remedies | | | | | | | |
|---------|----------|-----|------|-----|-----|-----|-----|-----|
| | I2 | I3 | I4t | I4p | Mr | Mc | Mp | Mt |
| Recipe | 10 | 20 | 60 | 20 | 90 | 10 | 40 | 20 |
| Leak | 30 | 10 | 30 | 10 | 10 | 50 | 30 | 20 |
| Audit | 60 | 30 | 10 | 80 | 30 | 50 | 20 | 50 |
| benefit | 2.4 | 1.5 | 2.9 | 2.5 | 3.6 | 2.8 | 2.5 | 2.2 |
| cost | 224 | 224 | 1980 | 74 | 23 | 39 | 7 | 86 |

I=Implement and M=maintain. I2=collect information, I3=tailor policies, I4t=train, I4p=privacy office, M4=rights, Mc=communicate, Mp=privacy officer. Threats are Recipe, Leak, and Audit. Note: implementation training has worst cost/benefit ratio.



Conclusion

- Privacy compliance should be simple
- For small entity can be 24 hours
- Generally, training is the lion's share of implementation
- Maintenance is low cost but best value.