

# **AN INTRODUCTION TO CAREMORE HEALTH**

**Zachary Myers – General Manager**

**The Fourteenth National Value-Based Payment and  
Pay for Performance Summit –  
Applications of Health Information Technology for  
Care Delivery Innovation**





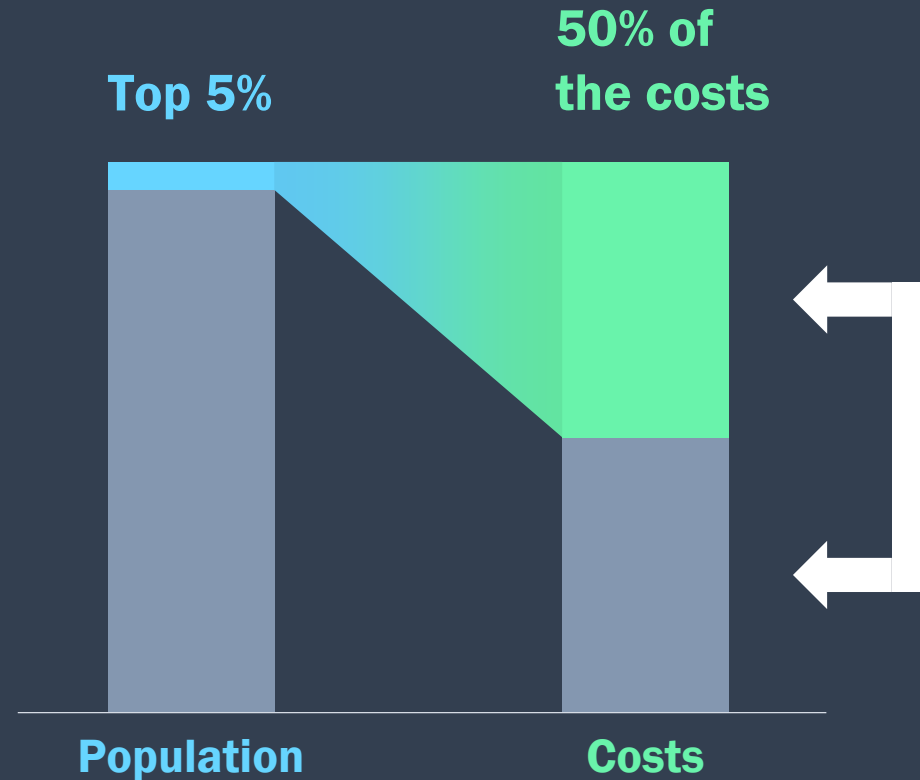
25

YEARS AGO

**DOWNEY, CA**

THE BIRTH OF AN IDEA

# State of Healthcare



## A DIFFERENT APPROACH

# Successful replication of CareMore's pioneering clinical model



CareMore Medical Group establishes a culture of **proactive healthcare redesign** for the most complex patients

*Pioneered the deployment of “upstream” interventions that lower the total cost of care by preventing vastly more costly “downstream” outcomes such as hospitalizations and surgeries*

CareMore **expands** the clinical model **beyond CA** while successfully **replicating** clinical outcomes

*Continued dedication to physician-led culture and commitment to holistic, proactive patient care; emphasis on systemizing, streamlining, and replicating clinical processes*

Industry change fuels CareMore's **growth and diversification** to Medicaid care models and provider-sponsored MA growth

*Adapted the clinical model to focus on Medicaid primary care and care that reaches patients where they are, while continuing to support disruptive models of growth in MA*

# We provide longitudinal, patient-centered care with services and programs designed to engage patients



## PREVENTIVE

Togetherness Program  
Fitness and Classes

## ACUTE

Extensivists & Care  
Coordination Teams

## CHRONIC

Chronic disease  
management programs

# How we pay for it:

**Full capitation for cost of care –  
it's freedom to invest in a better system, not “risk”**

## **TOGETHERNESS PROGRAM**

Approaching loneliness as a  
treatable condition

## **VIRTUAL CARE CENTER**

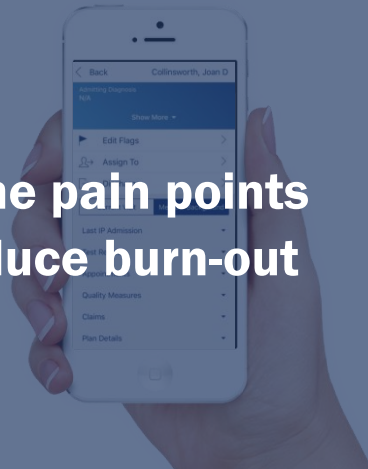
State-of-the-art space and technology bringing  
more CareMore to more people

**Constant innovation to improve care –  
technology as one tool, not an end unto itself**

**amaze** 

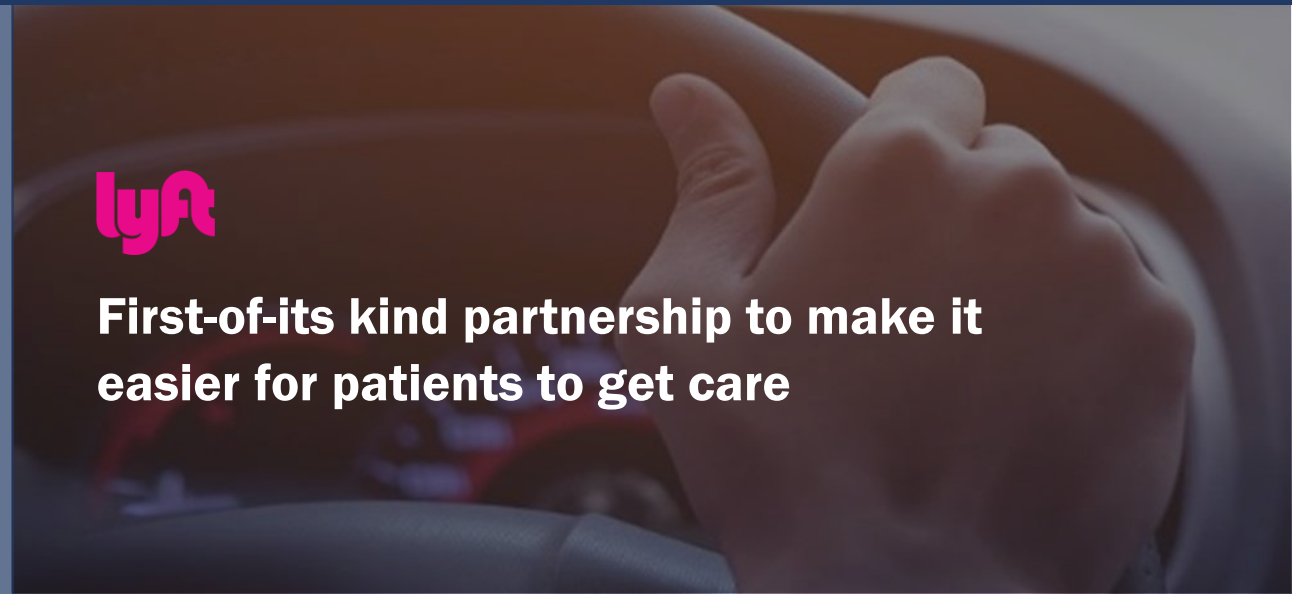
Cutting-edge app to address the pain points  
of CareMore clinicians and reduce burn-out

 **CareMore**  
HEALTH



**lyft**

First-of-its kind partnership to make it  
easier for patients to get care



# Tech Case Study: Remote Monitoring for CHF Patients

Congestive Heart Failure is a leading cause of hospital admissions for our Medicare population

PCPs rarely have the ability to consistently measure, monitor, and intervene quickly enough when their patients have rapid weight gain due to fluid accumulation

CareMore supports our contracted PCPs by providing our CHF patients with a wireless scale that we monitor daily. It was designed with seniors in mind (e.g. supported installation, built-in cells)

The result:

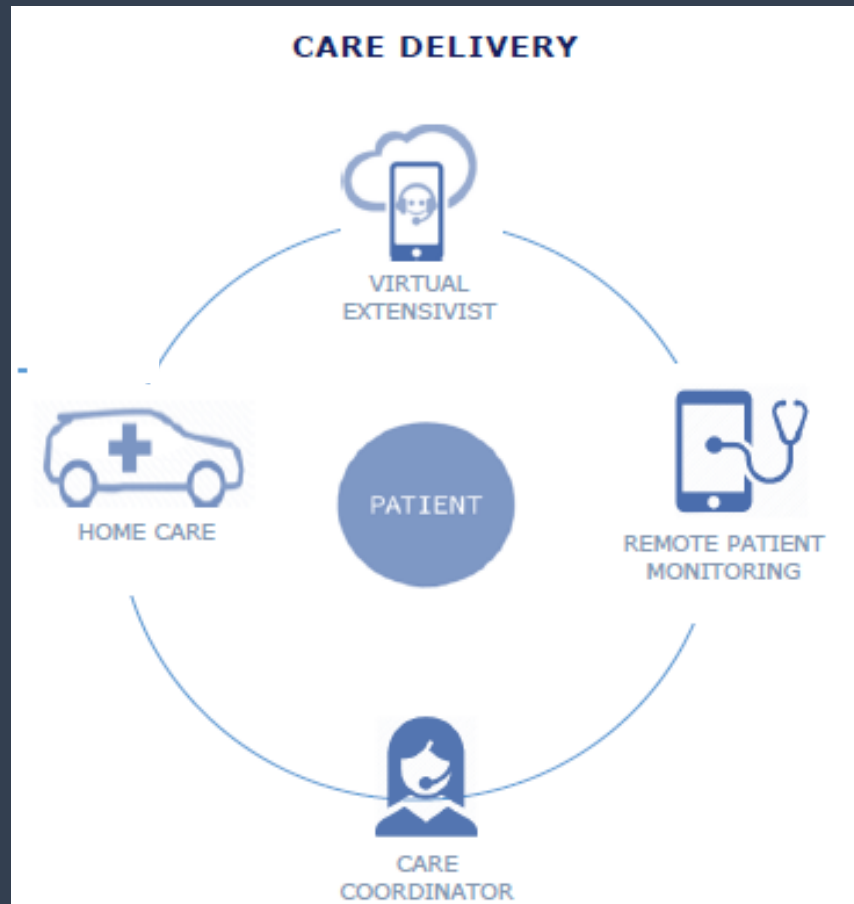
**26% fewer CHF readmissions**



CareMore 2017 Q4 Executive Summary. Based on program participants with diagnosis of CHF who received Ideal Life wireless scale (In Program) and individuals who did not (Not in Program). Medicare CHF rate from most recent data available, [Data.Medicare.gov](https://data.medicare.gov) (2015)



# Tech Case Study: Hospital at Home as Next Phase



# Tech Case Study: the story of “Ms. Garcia”

When we design  
technology interventions  
around our patients’  
unique needs, we can  
save lives

