

# Evolving care outside the hospital to meet consumers where they are

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# Since we last met

- Consumerism and need for consumer-operability continues
- New reimbursement models for telehealth
- Focus on patient engagement continues to grow
- Continued mergers — private sector saviors!

# Outpatient spending trends

2013-2017



Per-person spending on outpatient visits and procedures rose

**14 percent**

between 2013 and 2017, with

**5.1 percent growth**

in 2017 alone

## 2017 Outpatient spending share by service category

■ Surgery: 36%

■ ER: 24%

■ Other: 13%

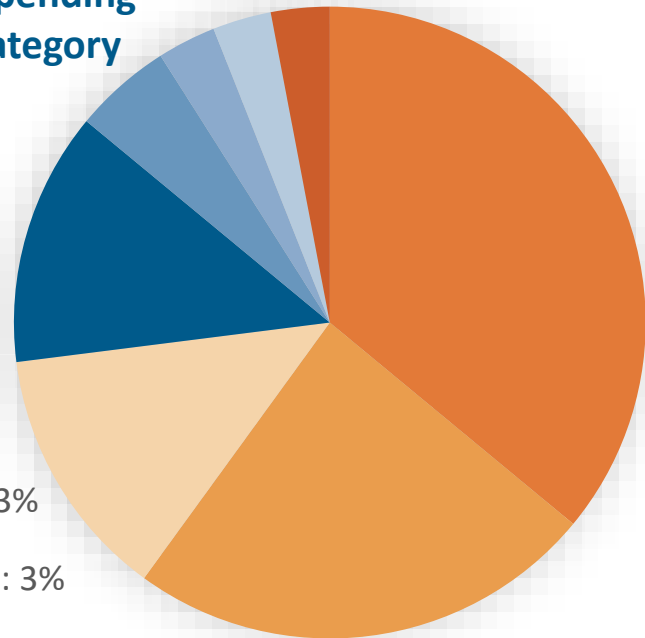
■ Radiology: 13%

■ Lab: 5%

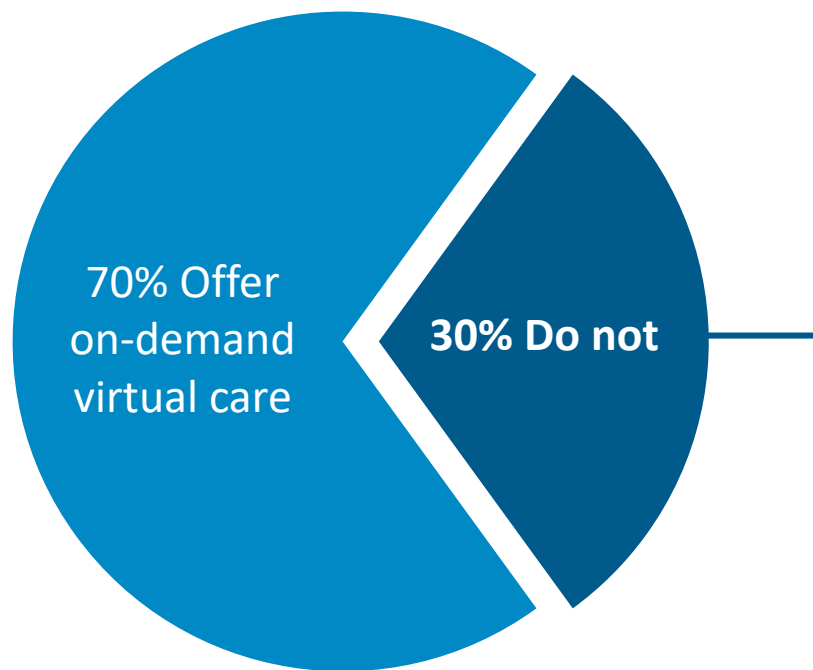
■ Observation visits: 3%

■ Medical equipment: 3%

■ Ambulance: 3%



# Virtual care deployment among health systems and providers



Of respondents who **do not** currently have on-demand virtual care:

**40%** intend to launch in the next 12 months

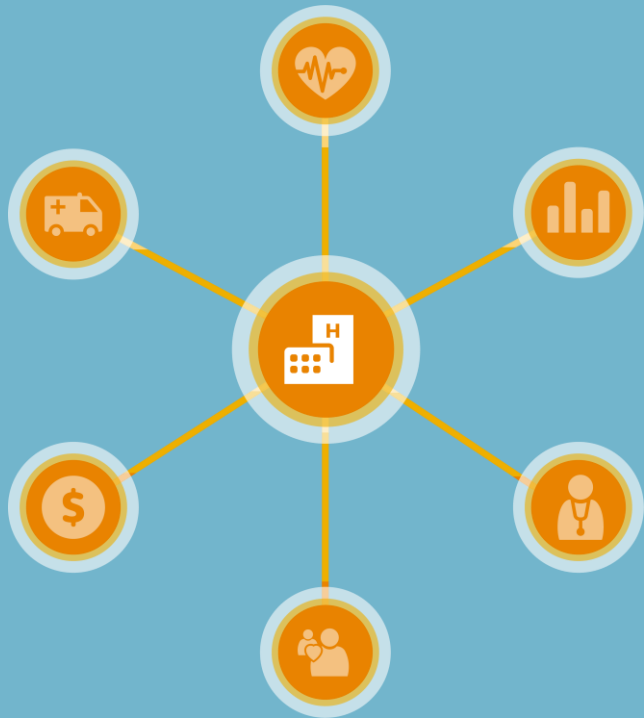
**47%** intend to launch, but have no set time

**13%** have no plans to launch an on-demand service

# A transformational shift in patient care delivery

## From a model

where the health system is the central hub of care delivery...



## ...to care pathways

that put the patient at the center and meet them where they are



Philips  
population health  
solutions



# Connecting data across care settings

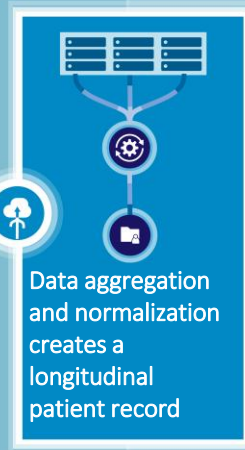


# Collaborative & Scalable Care Management

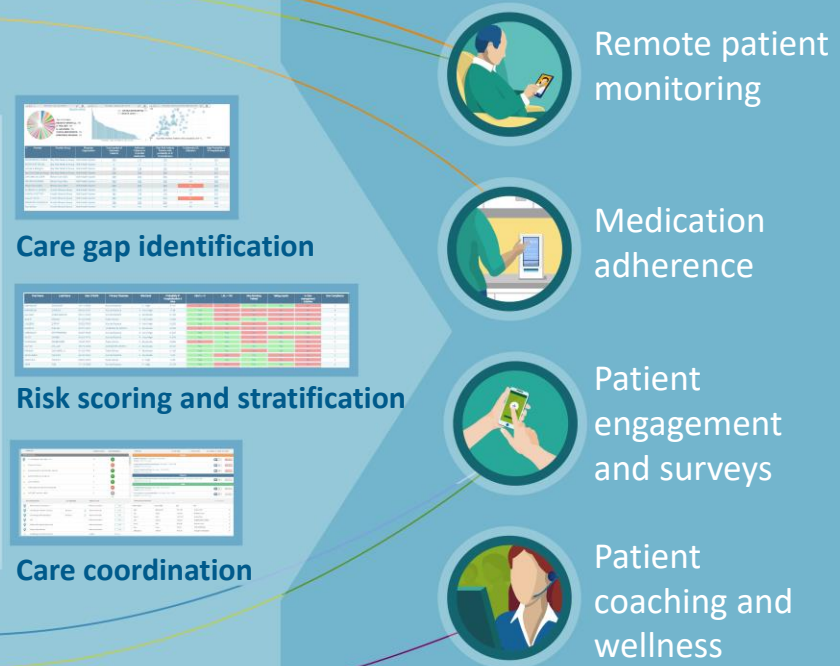
## Understand



## Navigate



## Activate



Care gap identification

Risk scoring and stratification

Care coordination



# What else needs to change?

Do you have an outside the hospital strategy?

Do you have a digital health strategy?

Do you call it a patient engagement strategy?





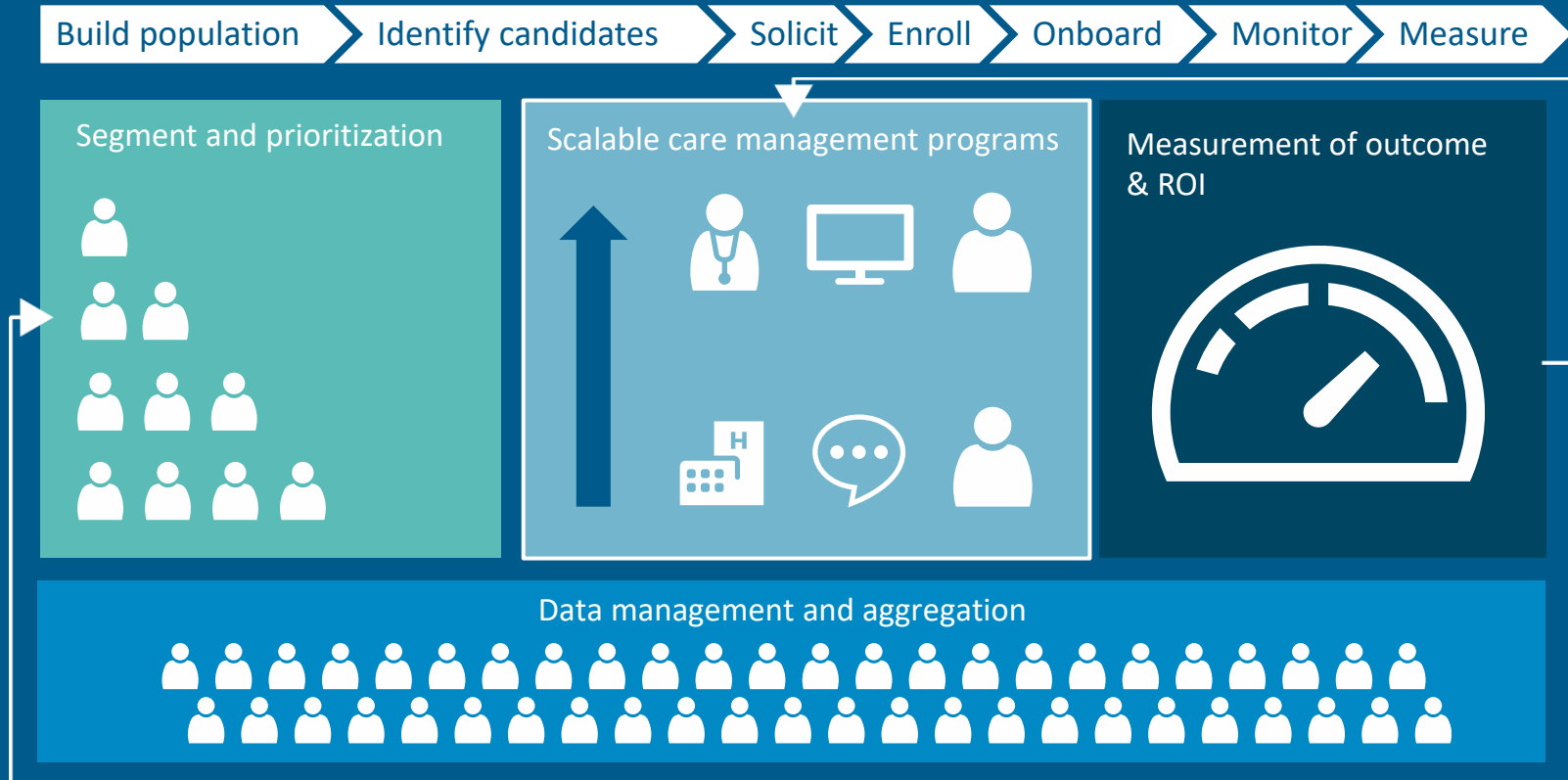
Thinking too big?

What about starting  
with your own employee  
health plan?

What about a key costly  
clinical condition?



# Deploying scalable care management programs outside the hospital



# What programs are ripe for remote patient monitoring?

- **Mental health programs**

depression, crisis intervention, prevention, etc.

- **Opioid crisis**

need for daily check-ins and monitoring

- **Diabetes**

obesity and social coaching

- **COPD and CHF**

proven improvements in care





# Meet Albert

76 and widowed, Lives alone, Beginning to have memory loss

## Health status

Albert isn't always consistent with his medication and lately he's been having dizzy spells. Recently he fell at home and was found by his daughter hours later. He was transported by ambulance to the ED, and admitted to the hospital.

He was treated in the hospital and then in post-acute rehab over two weeks for a concussion and a twisted ankle. During that time, his care team discovers that Albert experiences occasional dizziness from his medications and establishes an appropriate care plan.

## Intervention

Albert is discharged and enrolled in remote patient monitoring, a medication adherence program, and a medical alert service to better manage his condition at home.



# Benefits



## For Albert

- Automated support to keep on track with medication and care management
- Remote, virtual connection to care team
- Greater independence and improved quality of life



## For the health system

- Shorter length of stay at skilled nursing facility; ability to discharge to home
- Proactive coordinated care in the home or in a lower-cost care setting
- Reduced risk of return ED visit and avoidable readmission

## For care providers

- Visibility into Albert's status between office visits
- Care gap coordination that qualifies the practice for bonus payments
- More prepared for risk-based contracts

## For caregivers

- Automated updates for a real-time view of Albert's condition
- Less time worrying and tending to his medical needs



# Sound far fetched?

Consider how these brands have revolutionized their approach to consumers who are patients.

- Invisalign, SmileDirect, Instacart, Amazon Prime

These consumer approaches do two things really well that healthcare doesn't do today:

- Standardized approach to targeted segments
- Implemented change management initiatives to drive real change and capture the market

Transformational business opportunities are now funded by CMS



# Collaborating to enhance care with remote patient monitoring

## Seamless telehealth to improve care for patients with chronic conditions

**NewYork-Presbyterian** recently began programs to remotely monitor patients with congestive heart failure and new mothers with high blood pressure, and will be launching programs to monitor several other clinical conditions, including those related to maternal health and diabetes.

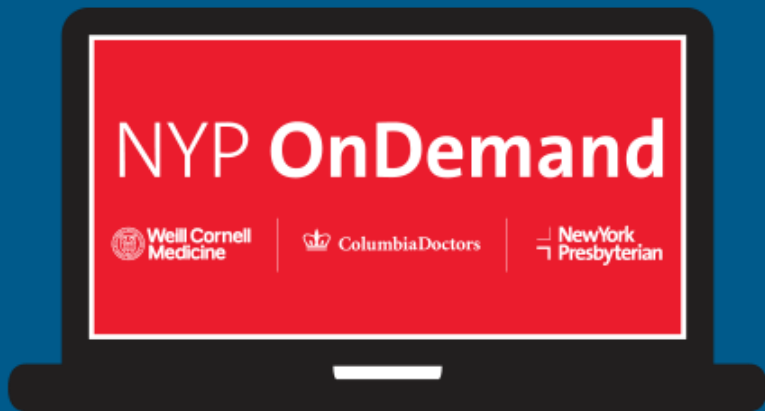


**NewYork-Presbyterian** patients with hyperglycemia who were part of the first remote patient monitoring clinical pilot reported an

**89%**  
satisfaction  
score



# Virtualization strategy



1

Increase access

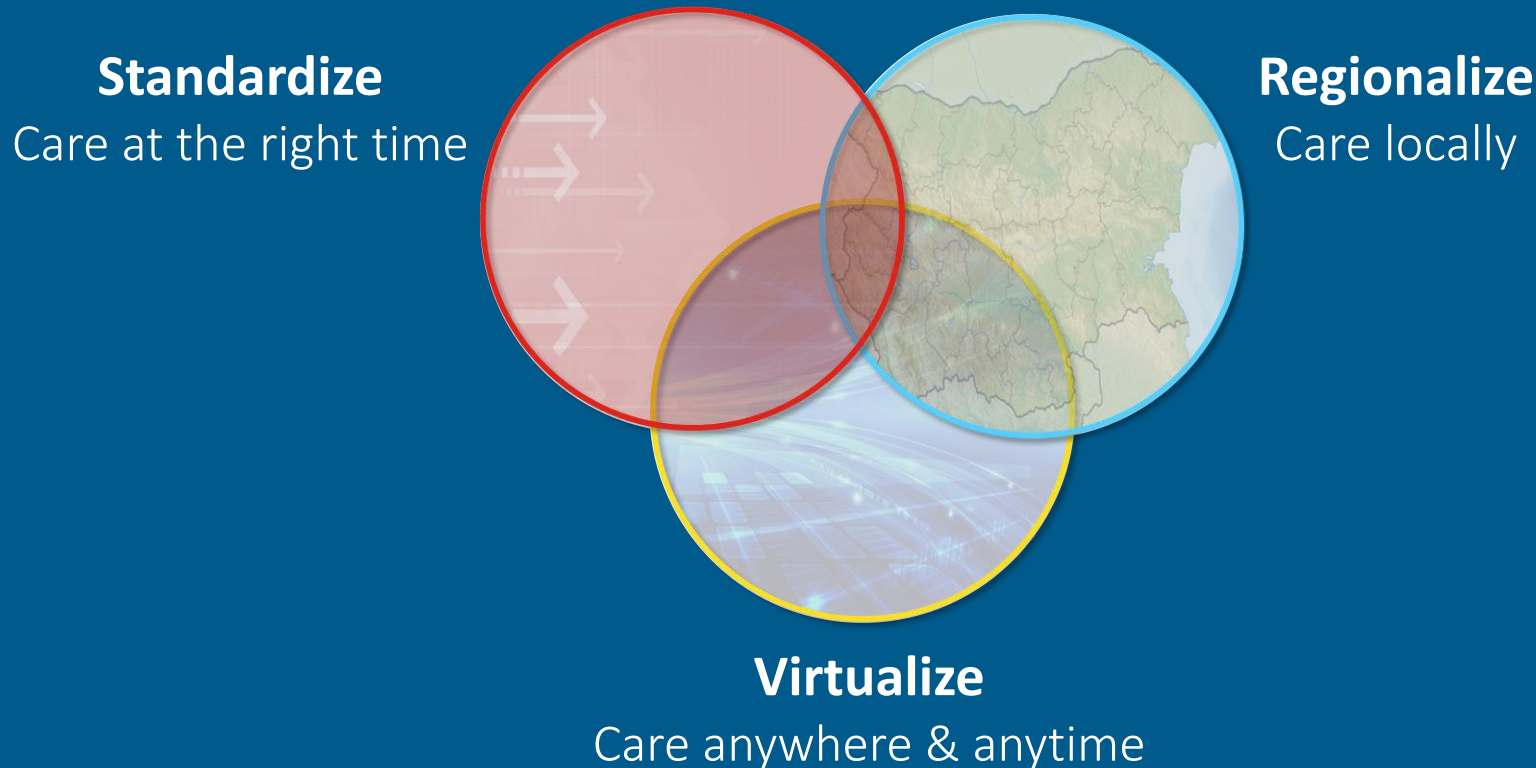
2

Improve outcomes

3

Reduce cost

# NewYork-Presbyterian vision



# Methodology



80% People

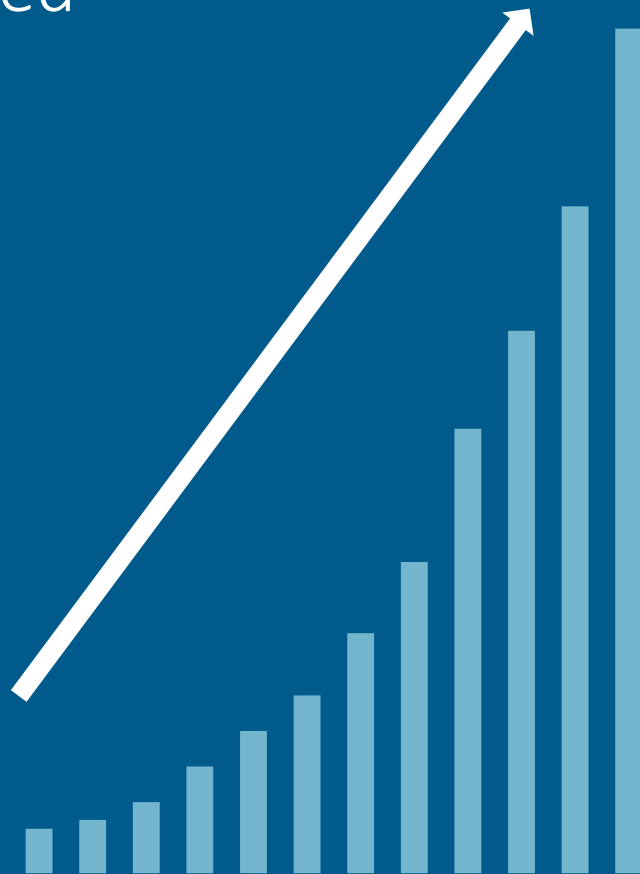


15% Process

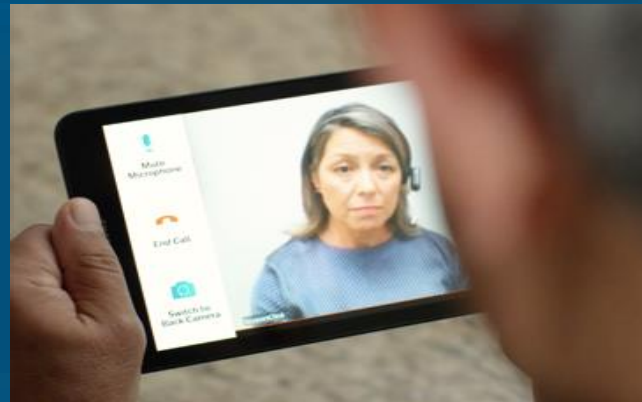
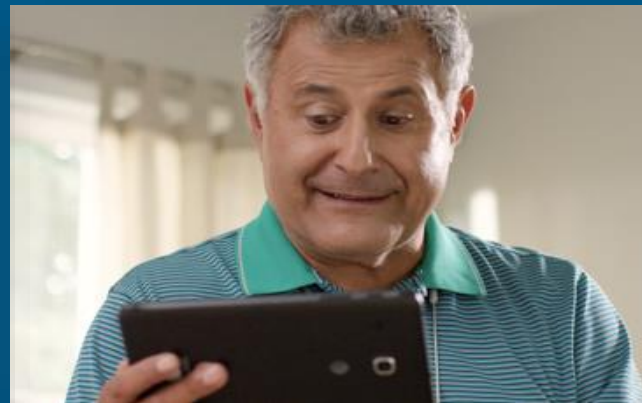


5% Technology

# Scale and speed



# Remote Patient Monitoring with Philips



# Questions?

